



AWARD WINNING

EVOLVE

ADVANCED SKIN | LASER | AESTHETICS | COLONIC HYDROTHERAPY | ESPA
HERITAGE HOUSE PRIVATE CLINIC

ESTABLISHED. 1991



EVOLVE

ADVANCED SKIN | LASER | MEDICALS
PRIVATE CLINIC

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Welcome to Evolve...

Home of Advanced Paramedical Skin Revision.

Rebuilding Skin, Rebuilding Lives

Evolve Advanced Skin | Laser | Aesthetics | Colonic | Spa | Beauty

Vicky Kennedy is the principal Director of two very successful clinics and has been for more than 25 years. A Harley Street trained Paramedical Skin Practitioner, highly qualified, and experienced aesthetician in all aspects of skin revision, laser techniques and advanced in ACP (advanced cosmetic procedures for the removal of body blemishes). Awarded with the accolade of Best Practitioner in 2010 by DMK-UK and awarded to be an Ambassador for Alumier MD in 2018. We have a driven passion to solve your skin concerns and conditions. Our team has been carefully selected and trained to excel in their chosen vocation within the world of Beauty and Aesthetic arena, but more importantly within Evolve. The Evolve team keep up with the latest training in the fast moving world of beauty and aesthetics. Each individual is passionate about the treatments they specialise in, with ongoing support and encouragement from Vicky. Team Evolve will ensure that you are provided with knowledgeable and informative treatments, applied to the highest of standards in beautiful surroundings.

We have seen many unprecedented changes in our years of experience, therefore have extensive knowledge in our profession. We are driven by the results we know we can achieve with integrity for YOU. Ground breaking research, technology and product developments have meant an overwhelming level of choice for both clinic and client. Each brand claiming that their product is best, each offering their claims backed by research. Whilst there is no doubt that recent developments have improved the way health and beauty practitioners ply their profession, there is still a lot of misleading information.

There are many salons/clinics and stores all over the world who advertise and sell health and beauty. There are as many health and beauty products also ranging the industry. They bring different promises, guarantees and offers. But before purchasing or visiting a clinic, you need to know details of their products and therapies. You need to feel confident that your clinic can offer you the treatment and products that you will positively benefit from.

Health and Beauty products can improve lives and the way in which we live them. They have come a long way over the years.

Join us in our passion for beauty

ESTABLISHED. 1991

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EVOLVE

ADVANCED SKIN | LASER | AESTHETICS | COLONIC | SPA | BEAUTY

HERITAGE HOUSE PRIVATE CLINIC

INDEX

- 1. Welcome to Evolve
- 4. What happens to your skin as you get old?
- 7-14. DMK Skin Revision & DMK/Ellipse Combined
- 15-21. Alumier MD Clean Skin Science
- 22-23. Dermapen Skin Needling
- 24-26. Venus Freeze
- 27-28. HIFU Lab
- 29-31. Advanced Aesthetics Clinic
- 32-34. PLEXR, PRP, Thread Lift & Teeth Whitening
- 35-37. Colonic Hydrotherapy & Holistics
- 38-40. Advance Cosmetic Procedures
- 41-42. Vein Away
- 43-45. Ellipse Laser Treatment
- 46-48. Advanced Hair Removal
- 49-52. Mens Treatments
- 53-58. ESPA Therapy
- 59-61. Permanent Cosmetics
- 62-63. Delilah Make-Up
- 64. Beauty Essentials
- 65. Client Information
- 66. Contact Information

THE CLINIC
THE STANDARDS
THE EXPERTISE
THE ANSWERS
THE RESULTS



Evolve the skin you are in



What happens to your **SKIN** as you get older?

Time waits for no woman and whatever age you are, now is the time to wage war on those lines and wrinkles

SKIN IN YOUR 20's

Your 20s is a time to establish a strong skin care regime, focusing on a few core products. Now is the time to develop the habit of morning and night skin care routines.

WHATS HAPPENING?

- Hereditary and minor environmental factors start to become visible in the skin.
- Fine lines may form in the outer corners of the eyes and lips.
- Collagen and elastin production starts to slowly decline in our 20's.

EVOLVES TIPS & RECOMMENDED TREATMENTS

Always wear a decent SPF on your face. Alumier MD has a variety of daily SPF's to suit every skin type. Make sure you exfoliate your skin every week, this will maintain cell renewal and help your skin to function properly and age better. Evolve recommends home exfoliation products, DMK home Enzyme (Exoderma & foamy lift), DMK micro peel, Alumier MD lotus scrub & enzymatic peel. Ask one of our staff to help you pick the right products for your skin. If age prevention is your concern, in-clinic treatments would also be necessary.

SKIN IN YOUR 30's

As life becomes busier in your 30's the skin becomes more affected by stress. Fine lines also begin to show. Cell turnover slows down, and dead cells fill the outer layer, which is worsened by life factors. Muscles start to relax and lose their tone.

WHATS HAPPENING?

- Laxity looseness under the chin, small wrinkles and fine lines around the eyes and mouth will start to appear. This is due to slowing down of fibroblast activity, which is responsible for the production of collagen and elastin.
- Hormonal pigmentation may develop during pregnancies.

EVOLVE'S TIPS & RECOMMENDED TREATMENTS

As life becomes busier, your skin can really suffer. DMK Betagen crème is a secret weapon to help your skin cope. We also have a handful of Alumier specialty serums with powerful peptides, vitamins, antioxidants and retinols designed to improve the visible signs of aging. Start to show your eye area extra attention, with eye crèmes by our award winning Alumier which attends to dark circles, fine lines and wrinkles. Evolve recommends clinical treatments - regular DMK Enzyme treatments to revise overall functioning of the skin and tone up muscles. Alumier MD signature Glow Peel treatment to minimise fine lines, wrinkles and hyperpigmentation issues.

SKIN IN YOUR 40's

The rate of skin cell replacement has reduced therefore producing thinner, more fragile skin. Sebum production is greatly reduced, and dead skin cells hang around longer, causing the skin to look grey, dull and patchy.

WHATS HAPPENING?

- Loosening of the skin - due to slowed fibroblast activity, loss of subcutaneous fat – forehead generally shows moderate wrinkles, mouth creases are more evident, and the neck starts to show more sagging.
- As you near 45, the chin starts to sag, lower lids get baggier and 'crow's feet' deepen.
- Damaged protein also accumulates in the skin which can be the result in scars, sun damage and cross linking of skin proteins by sugars.

EVOLVE'S TIPS & RECOMMENDED TREATMENTS

Now is the time to pull out the big guns, in order to keep skin cells performing optimally. A treatment programme might be recommended in order to get the best results, accompanied by the right age management homecare routine - Our Venus and HIFU LAB machine's work on tightening and firming the skin, they stimulate your fibroblast cells to produce new collagen and elastin.

SKIN IN YOUR 50's+

Fine lines may have been joined by deeper wrinkles and sun damage is more evident. But by choosing ingredients that calm, soothe and hydrate, you can take years off your skin.

WHATS HAPPENING?

- Less oestrogen means sebum production slows down and skin becomes very dry.
- Age spots, Spider veins and skin tags may start to appear.
- The loss of muscle and fats under the skin, along with changes in collagen and elastin.
- In your 60's+ you may develop dilated superficial blood vessels, but don't worry we can help with that.

EVOLVE'S TIPS & RECOMMENDED TREATMENTS

Make sure you use SPF every day on your skin, rain or shine. -Vitamin A/Retinol is key in your skin routine, this will help diminish fine lines and wrinkles, and turn over dead skin cells. Keep your skin hydrated. If your wanting a little more help, we do have our specialised Aesthetic team here at Heritage House, specialising in Botox, Fillers, Venus Freeze, HIFU, PRP (vampire Facial) and PlexR (soft surgery treatment). Regular skin treatments here at Evolve can make you look good and feel content in your own skin.



Table of Treatments for your concerns

Treatments	DMK	Alumier	Dermapen	PRP	Botox	Fillers	Venus	HIFU	Plex R	Laser	Vein Away	ACP	Alkaline Wash	Permanent Makeup	ESPA	Colonic
Acne	•	•	•						•			•	•			•
Congestion	•	•	•										•			•
Age management	•	•	•	•	•	•	•	•	•	•			•			•
Loose Tissue	•		•				•	•	•	•						
Pigmentation	•	•	•							•			•			
Rosacea	•	•								•			•			•
Scarring	•	•	•			•			•	•	•	•	•			
Eye Area	•	•	•	•	•		•	•	•				•			
Skin Disorders (skin tags, age spots, warts ect)			•							•	•	•	•			
Psoriasis	•												•			•
Dry Skin	•	•	•													•
Eczema	•						•			•						•
Broken Capillaries	•		•							•	•	•				
Enlarged Pores	•	•	•							•			•			
Milia	•	•	•								•	•	•			•
Neck treatments	•	•	•	•	•		•	•	•	•						
Skin Damage	•	•	•							•	•	•	•			
Crepey skin	•	•	•	•	•	•	•	•	•	•			•			
Eyebrows														•		
Hair Removal									•	•			•			
Stretch marks	•		•	•												
Relaxation / Lifting	•	•					•								•	•
Active Body Results	•		•				•	•	•	•	•		•			•

— AWARD WINNING —

EVOLVE

—

DMK
ALUMIER MD
DERMAPEN

Enzyme Therapy



DMK Signature Treatment

By combining state-of-the-art science with innovative technology, DMK has created one of the most advanced skin revision systems available. DMK's skin care systems include a range of exclusive Enzyme Therapy treatments designed to work in synergy with the skin's natural process. Enzyme Therapy is unique to DMK, and focuses on what the skin naturally responds to. From ageing and acne, through to pigmentation and scarring DMK's Enzyme Therapy repeatedly achieves long-term professional skin resolutions. But how do they actually work? We lift the lid on how this innovative treatment term professional skin resolutions.

WHAT IS AN ENZYME?

Enzymes are nature's biological catalysts and it was commonly believed by skin therapists and even physicians for many years that enzymes were not suitable for real skin therapy because they were huge, protein molecules too big to penetrate the skin. The fact is enzymes are not proteins any more than a light bulb is electricity. Skin therapy enzymes USE proteins formed in plant cells to act as organic catalysts in initiating specific chemical reactions.

HOW DOES AN ENZYME WORK?

The DMK concept is built upon the philosophy of Remove, Rebuild, Protect and Maintain. Enzyme Therapy is our leading treatment to kick-start the Remove and Rebuild phases.

DMK - Advanced paramedical skin revision treatments

Consultation & prescription - 1 Hour	£50.00
First Danne Treatment — 2 ½ hours (inclusive of homecare lesson)	£100.00
Danne course — 1 hour 45 mins (1-3 weeks apart)	£100.00
Danne Maintenance- 2 hour (4-8 weeks apart)	£110.00
Danne Contraderm Treatment	£100.00
Danne special occasion -2 hour — Instant lift	£135.00

Danne Additional Treatments

Melanotech	£6.00
Pro alpha 1-3 layer occlusion — per layer	£6.00
Prozyme occlusion	£6.00
Quick peel	£6.00
Desquamate Enzyme	£8.00
Extraction - 15 mins	£8.00
Extraction - 30 mins	£16.00
Extraction - 45 mins	£24.00
Extraction - 1hr	£32.00
Fibromax C	£20.00
Enzyme 2	£8-15.00
Muscle Banding	£15.00
Cyst treatment	£3/£6/£9
Alkaline wash	POA
(assessed on size of area to be treated)	

Outstanding treatment results for :-

- ACNE GRADE 1-4
- CONGESTION
- BLEMISHES
- CREPEY SKIN
- SCARRING
- PSORIASIS
- MILIA
- SKIN AGE MANAGEMENT (LINES & WRINKLES)
- SKIN LIFTING & TIGHTENING
- NECK TREATMENTS
- SPECIALIST IN BLACK SKIN
- ECZEMA
- PIGMENTATION
- LOOSE SKIN
- ROSACEA
- FOLLICULITIS
- ENLARGED PORES
- STRETCHMARKS
- SUN DAMAGE
- INGROWN HAIRS
- MEDIPEDI
- ADULT AND TEENAGE ACNE

Building confidence from the outside in...

Changing Skin Changing Lives

We all have it in us to have skin that is functioning well and looking healthy, but sometimes factors such as environmental elements, ageing, or hormonal fluctuations can compromise the skin's immunity, slowing circulation and lymphatic systems, causing it to weaken, age prematurely, or become inflamed.

ENZYME FORMULAS

The DMK system has three enzyme formulas for the face and a separate formula for the body. DMK enzyme formulas are designed to revise the skin and encourage optimal skin function. To determine the appropriate combination of treatments and products, ask your DMK Professional Skin Revision Therapist for a complete skin analysis.

WHAT IS A PLASMATIC EFFECT?

DMK Enzyme Therapy uniquely addresses these concerns through utilising messenger enzymes to mimic the body's own chemistry, hydrolyse dead cell material from the skin and remove impurities through a 'reverse osmosis' process – a 'back flushing' of the skin that increases circulation; bringing oxygenated blood and nutrients to the skin, whilst improving lymphatic drainage and enhanced collagen production. Leaving you with enviable fresh, healthy, oxygenated skin that is functioning optimally and literally glowing from the inside out!



ENZYMES WORK TO:

- Hydrolyse dead skin cells – leaving your skin feeling supple and smooth.
- Increase circulation, oxygenation and cellular activity creating an enviable glow that your friends and family will notice.
- Support lymphatic drainage – restore skin appearance with improved internal function.
- Encourage new collagen and elastin formation – alleviate fine lines and wrinkles.
- Revise skin inflammation – calmer skin that is healthier.

DMK Enzyme Therapy are not your typical topical style facial. They are for people who want complete skin revision. Whether your skin is showing the signs of age or you suffer from a specific skin condition, DMK understands that healthy skin is beautiful skin and who doesn't want that?



Tech Talk with Danné Montague-King

Research shows that enzymes combine temporarily with the reacting molecule. Mutual contact of surrounding molecules is then no longer a matter of chance but a matter of certainty. Hence a faster reaction. As an example, when the body breaks down a carbohydrate, the energy used to hold the carbohydrate is released and immediately used or stored in the body. This is called "metabolism" and it is divided into two functions:

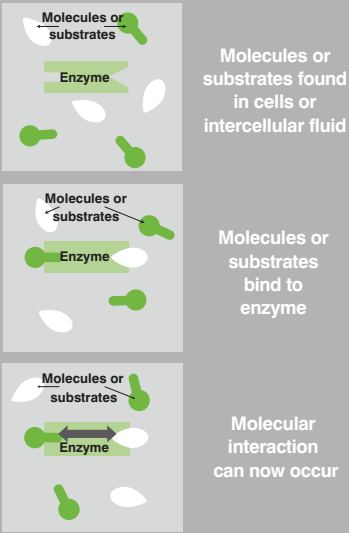
1. anabolism
(for synthesis of cell material), and

2. catabolism
(for the decomposition of cell material).

These reactions would be very slow unless assisted by proteins orchestrated by enzymes, without of which the entire concept of metabolic function would be lost. Enzymes actually work by joining to the substrate (reactant) to form an enzyme-substrate complex and then produce the products of the reaction. The enzyme itself never changes and is not used up in this reaction but is released for repeated use.

Think of an enzyme as a space station in outer space. Around this station could be many different types of spaceships flying at random, not interacting with each other at all, thus accomplishing no missions. Each space station has a docking port for a SPECIFIC style of spaceship. If the ship docks in its own port and another ship lands in its correct place on the space station--they held in "stasis" and can interact with each other and then things happen. This is how an enzyme works.

Enzymes are nature's biological catalyst.



Documentary Dying for clear skin

Acne Treatment

Acne is a chronic inflammatory disorder of the sebaceous glands characterised by blackheads, whiteheads, macules, papules, pustules and cysts and often leads to scarring. The first chain of events that usually lead to acne, especially acne in the face, are in puberty when the body starts to produce testosterone, which then stimulates the sebaceous glands to produce excess sebum that is then trapped in the hair follicle. Dead cells are attached to this sticky substance and bacteria then forms, therefore the cells cannot exfoliate and a hard mass is then produced within the skin.

Acne is usually genetic and peak acne years are in females 14-17, and in males 16-19. Over 40% of females will have acne during some part of their life and over 35% of males will be affected also. Today's lifestyle, stress levels and increased intake of medication is causing ADULT acne to certainly be on the rise.

Each client will have an individual treatment programme worked out by their practitioner for their particular skin acne concerns. Each treatment prescribed will change from session to session as the skin is changing. All treatments will include a home prescription, which must be strictly adhered to obtain the best results possible. Once the acne is inactive, we can then devise a treatment schedule to improve any scarring left.

Treatment Example:

Diagnosis – Acne containing inflammation, papules, pustules, blackheads, nodules, cysts and whiteheads. Modalities used will consist of acids, alkaline, phenols and enzymes. Your treatment will be tailor made for you. Treatments can range from a course of 6 upwards, depending on the severity of the condition. From past experience, we can certainly say that we expect at least a 80-90% improvement. Case studies can be shown during your consultation, testimonials provided. We have clients willing to speak to you about their results & experience.

Alkaline Wash combined with Enzyme therapy (Suitable for Inflamed cystic acne)

DANNÉ alkaline wash swells, softens and dissolves to remove excess cell build-up, releases the inflammation and impaction and kills the P Acne bacteria. Alkaline wash is also very effective in cleaning out impacted hair shafts and dissolving the hair at the same time. Alkaline wash plus enzyme masque #1 will dislodge the underling manifestation and rebuild the structure and function of the skin simultaneously.

William Rickard - BBC Case Study, Dying for clear skin.

These results were achieved without the use of the problematic drug Roaccutane and its harmful side effects

Our Director Vicky Kennedy was the only other Danne Advanced Practitioner in the UK to carry out treatments on Will Rickard to achieve the acne results that were shown on BBC television...



WILLS ON TV!!! — with William Rickard.



DMK Acne Results by Vicky Kennedy

Before



After



Before



After



Before



After



Before



After



Before



After



Before



After



Before



After



Before



After



Before



After



Before



After



On consultation you may see more case studies by Vicky and her team

Pro Alpha Six-Layer Peel

DMK
Danné Montague-King®

What is a Pro Alpha Six-Layer Peel?

The Pro Alpha Six-Layer Peel is an effective resurfacing procedure for those wanting dramatic results. This professionally-applied treatment removes dead skin cells and instigates collagen development. Medically speaking, the treatment is considered to have an effect similar to laser treatments or medical peels WITHOUT the risk of trauma, LONG CONVALESCENCE or POSSIBLE CONTRADICTIONS.

The Pro Alpha Six-Layer Peel is an exclusive blend of natural plant and fruit sugar acids, applied systematically in layers. The number of layers required is adjusted for your specific needs and desired results. The strength of the formulation is tailored by your therapist to suit your skin, colour, texture, sensitivity and condition. The procedure takes 14 days.

Who can have Pro Alpha Six-Layer Peel?

A Pro-Alpha Six-Layer Peel is safe for most skin types and races. Excellent results can be achieved on thick skin, uneven textured skin, wrinkles, fine lines, pigmentation, sun damage and scarring. It is not recommended for people with very fragile skin, excessively oily skin, certain forms of acne or those of Indian extraction.

For optimum results, some people may need more than one Six-Layer Peel.



Are there any contra-indications?

People who are prone to cold sores around the mouth or face may still have this procedure, but must be aware it may trigger an outbreak. They may need a prescription from a Doctor prior to having the *six-layer peel* treatment.

Some medications contain blood thinning properties. Make sure you specify any medications that you are currently taking to your therapist as this may affect the treatment.

In-depth consultation is required.....POA

“Great Skin is
just a peel away..”



Evolve Skin Clinic



Before Pigmentation Treatment

After Pigmentation Treatment

Before Pigmentation Treatment

After Pigmentation Treatment

Before Pigmentation Treatment

After Pigmentation Treatment

Pigmentation

DANNÉ Melanotech System for Pigmentation

A successful skin revision treatment program for pigmentation must utilise inhibitors with an effective delivery system containing anti-inflammatory ingredients, antioxidants, amino acids, proteins, Vitamin C, Vitamin A and retinoids. The DANNÉ melanotech formulation utilises several natural, yet potent inhibitors that inhibit melanin production while removing dark spots, pigmentation, freckles, sun damage. Melanoplex restores pigmented skin to a more healthy light fresh complexion. DANNÉ uses specialised programs for Asian, Indian and darker skin tones.

Pro Alpha Six Layer Peel

A superior resurfacing procedure, designed for those who want a dramatic result in a short period of time. This professionally applied formulation removes dead skin cells, redundant cuticle build up along with pigmentation and instigates collagen development. Treatments are medically considered to have an effect similar to laser or a medical peel without the risk of trauma, long convalescence or possible contra-indications.

The procedure takes fourteen days, using an exclusive blend of natural plant & fruit sugar acids, applied systematically in layers. The number of layers is adjusted for your specific desired result and needs. The strength of the formulation is adjusted and tailored to your skin colour, texture sensitivity and specific condition.



Before Rosacea Treatment



After Rosacea Treatment



Before Rosacea Treatment



After Rosacea Treatment

Rosacea

Late stages of Rosacea - pimples and bumps:

Alkaline is a resurfacing tool, more importantly for Rosacea treatment, it is antibacterial, anti-inflammatory and has the ability to penetrate deep down into the tissue. It swells, softens and dissolves to remove excess cell build up, clearing the hair shaft and any impaction that resides there. Enzyme therapy improves the skins functioning by hydrolysing away dead cells and impurities trapped in the skin. Enzyme therapy is essential for stimulating the vascular and lymphatic system, restoring vital cellular nutrition and oxygenation required for the proliferation of healthy new skin cells. A combination of acids, alkaline and enzymes produce the best result for the treatment of Rosacea. All treatments will be preceded by patch tests.

DANNÉ Red Vein Treatment

Red vein crème is a combination of plant-based, active ingredients working in synergy to visibly reduce permanent and intermittent redness. This also flushes the capillaries and strengthens the capillary walls. Niacin contains nicotinic acid, which is a part of the B group of vitamins. This aids tissue oxygenation through increased blood flow. This is how the strengthening and regenerating of the weakened capillary walls (involuntary muscle) is carried out.

Benefits include:

- Visible reduction of redness
- Resistance of spider vein formation
- Reduction of spider & thread veins
- Increases the skin's resistance to reddening & flushing

COMBINED THERAPY

Ellipse

DMK
Danné Montague-King®

Laser Skin Rejuvenation has outstanding results for these skin conditions, your practitioner will advise the best treatment path for you.

Scarring Treatments

Before



After



Before



During



After



DMK Scarring & Stretch Mark Treatment

Stretch marks are caused when the skin is stretched, overstressed, due to rapid growth or increased oestrogen levels. To reduce stretch marks the scar tissue must be revised and the skin repaired with the appropriate products and treatments.

The DANNÉ treatment dissolves and softens the area to stimulate the re-knitting mechanisms of the tissue. The skin is then rebuilt and repaired with enzyme therapy, leaving it smoother and firmer. Treatments are performed monthly. A 30 to 50 % improvement can be expected depending on the number of treatments.

POA

Alkaline and Enzyme therapy

Scarring in the beginning is red in appearance. With time, healing occurs and scar tissue forms, which is white in appearance. Treatments work best on Caucasian skin as they do not hyper pigment as easily or as often. To revise scar tissue effectively we must remove and rebuild at the same time. This is having a restorative effect. We use the alkaline solution which swells, softens and dissolves the area just enough to stimulate the re-knitting mechanisms of the tissue. Scarring is treated monthly.

POA

Enzyme therapy utilises a specific blend of transfer messenger enzymes that increase the circulatory & lymphatic system. It stimulates cellular enzyme functioning, assisting growth, metabolism, cellular reproduction, assists our natural processes to enable the natural regeneration of the body to take place. Externally, Enzyme therapy breaks down cell build up, smoothes and refines skin, naturally hydrolysing and turning dead protein into a weak acid & flushing it from the skin.



AlumierMD 'Brighter ideas in skin science'

AlumierMD was born out of an understanding that everyone wants clear and beautiful skin. They assembled a team of top scientists and physicians to bring you the most effective formulations using optimal medical-grade ingredients. With over 100 years of combined skin care experience, their experts understand the physiology behind different skin types and conditions to help our clients achieve a youthful clear glow and solve your skin concerns.

Focusing on the science behind great skin, the results driven professional treatments and at home luxury medical grade products draw on clinically proven, high performance ingredients and the most advanced delivery systems. The products and professional treatments address multiple skin concerns and perform progressively over time. With a dedication to clean science, active molecules are included in a concentration to deliver optimal results.

There isn't one perfect formula or magic ingredient for younger, smoother and brighter looking skin, because there are multiple skin profiles. That's why AlumierMD experts have designed a multi-faceted regime that targets the underlying physiology of each skin type, condition and individual.

AlumierMD have a range of professional epidermal rejuvenation and radiance treatments. Our peels come in light and medium depths that can be repeated for progressive and gradual results with minimal down time. As the most beneficial ingredients for the skin tend to degrade or denature when placed in the low pH of chemical peel formulas, AlumierMD peels use only the pure acids. Anti-oxidants, anti-ageing and brightening booster ingredients are applied post peel in the Brightening Accelerator so all components remain optimally effective. AlumierMD home care features the highest quality of ingredients. There is no 'angel-dusting' in the products, the bioavailability of every molecule has been optimised and delivers a therapeutic purpose.



AlumierMD comes from the word 'illuminate'

Illuminate /v/ - (1) to make clear or bright;
(2) to enlighten or share knowledge

The difference between High street products and luxury medical

HIGH STREET

Treat the surface of the skin

Large molecules

Small percentage of ingredients

'Angel dusting'

Parabens, chemical UV filters and fragrance

Inactive skin care

Limited, short term results by treating the symptoms

LUXURY MEDICAL

Uses delivery systems to reach lower layers

Micronized molecules and nanotechnologies

Small percentage of ingredients

Therapeutic doses

Clean science

Active skin care

Long terms results by getting to the route of the problem



Ageing and Skin Health

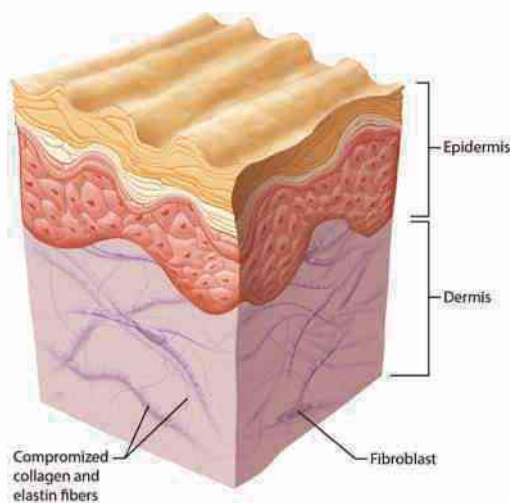
Lines/Wrinkles/Lack of Tone

Fibroblast cells reside in the dermis, the lower layers of our skin, and produce collagen and elastin. The production of collagen decreases with age. Cell turnover slows in ageing skin from 28 days to up to 60 days.

Dermatology Tip

Retinol and Peptides are important ingredients that stimulate our fibroblast cells.

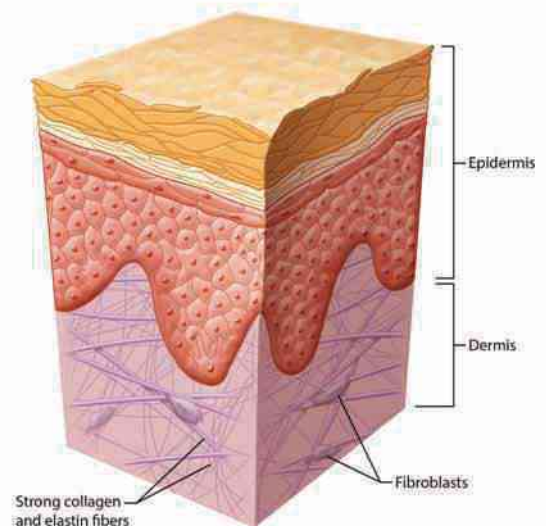
Ageing skin



Key Ingredients for Treatment

- 🟡 Peptides - Proteins that stimulate collagen production
- 🟡 Vitamin C - Master anti-oxidant for the protection against free radicals
- 🟡 Retinol - Improved cell turnover
- 🟡 Zinc Oxide - Physical UVA/UVB protection.

Youthful skin



Targeting every aspect of ageing

Collagen Depletion

Thinning of the dermis leads to lines and wrinkles.



Free Radical Damage

Pollutants and ultraviolet radiation produce free radicals which cause our skin to weaken and become dull.



Photo Damage Hyperpigmentation

Linked to DNA damage to our melanocyte cells and causes mottled skin tone.



Melasma/Photo Damage/Post Inflammatory Hyperpigmentation

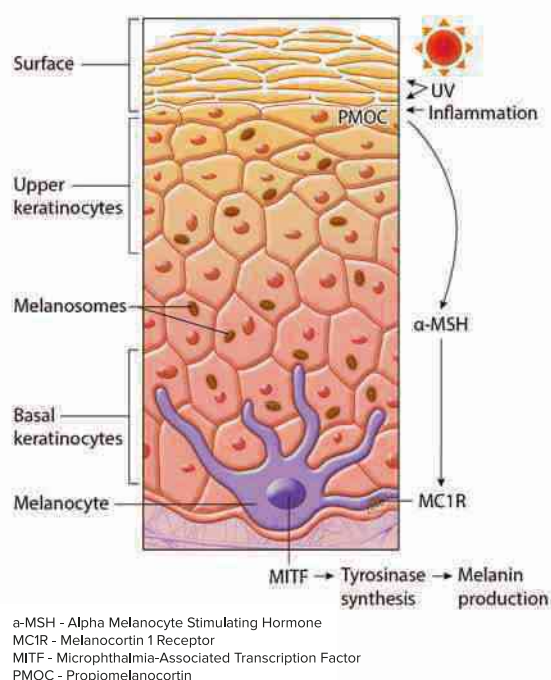
Melanocytes

Pigment is our biological sun protection and is made by melanocytes that reside in the basal layer of the skin. If our melanocytes are damaged by UV radiation, stressed due to hormone fluctuations or activated by trauma, they can produce more pigment than required.

Dermatology Tip

Never tackle the treatment of hyperpigmentation without the use of a daily physical sunscreen.

Overview of pigmentation of the skin



Melasma

Linked to endocrine system (hormones)



Post Inflammatory

Linked to trauma / burns / acne / poorly performed treatments



Age Spots

Linked to UVA exposure, pollution and DNA damage



Key Ingredients for Treatment

- 🟡 B-WhiteTM - Inhibits tyrosinase via MITF inhibition
- 🟡 Kojic Acid - Inhibits tyrosinase helping to reduce pigmentation
- 🟡 Retinol - Improves cellular turnover
- 🟡 Zinc Oxide - Physical UVA/UVB protection

B-WhiteTM is used under license from Lucas Meyer Cosmetics Canada Inc.

Sensitive Skin and Rosacea

Redness/Dilated Blood Vessels/Reactive Skin

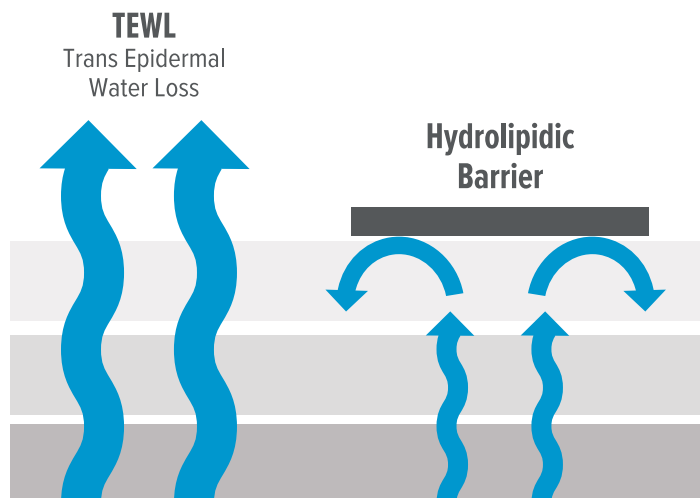
Glycosaminoglycans

Known as GAGs, glycosaminoglycans are responsible for maintaining hydration and contributing to the hydrolipidic barrier. This barrier stops good components from leaving the skin and prevents invasion of foreign bodies.

When this barrier becomes compromised because of extreme conditions or poor product use, skin can become sensitive leading to redness and visible vessels (telangiectasias).

Dermatology Tip

Hinokitiol treats the entire bacteria cell causing osmotic lysis, an explosion so the bacteria cannot evolve and develop a resistance to it.



Key Ingredients for Treatment

- 🟡 Hinokitiol - Anti-bacterial (anti-microbial) that targets the entire cell
- 🟡 Vitamin C - Master anti-oxidant for protection against free radicals and strengthen capillary walls
- 🟡 Zinc Oxide - Physical UVA/UVB protection
- 🟡 Sea Whip - Anti-inflammatory, calming

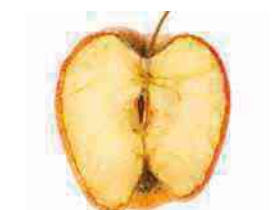
TEWL

Trans Epidermal Water Loss leads to sensitive skin and dehydration.



Free Radical Damage

Pollutants and ultraviolet radiation produce free radicals which cause our skin to weaken and become dull.



Bacteria Management

Demodex Mites and bacteria can aggravate Rosacea and Sensitive Skin



Acne

Congestion/Open Pores/Ingrown Hairs

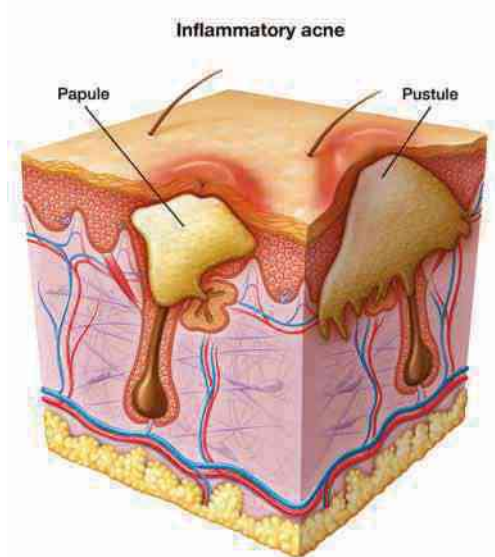
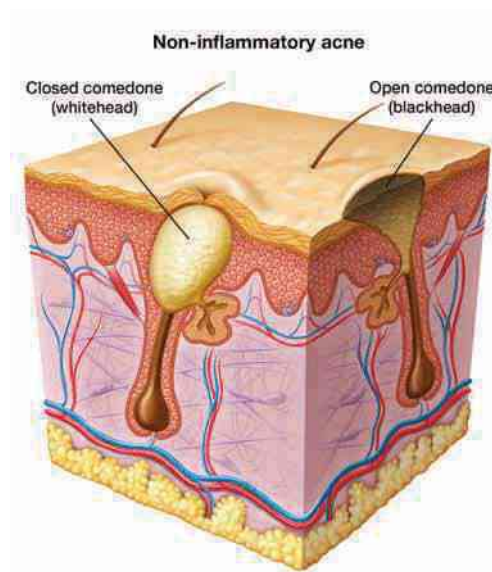
Sebaceous Gland

The oil (sebum) in our skin is made by sebaceous glands that reside in our hair follicles (pores). When cellular debris blocks pores, the sebum becomes trapped. Bacteria multiply, which feed on sebum, which then multiply further.

The result is a comedone. The enzyme 5-alpha reductase plays a vital role in the production of sebum and is directly affected by hormones.

Dermatology Tip

BHA is unique in that it is able to exfoliate inside the hair follicle because it is lipophilic.



Bacteria Management

To increase recovery rate and improve wound healing.



Acne Scarring

Linked to collagen depletion in the area of the acne lesion.



Key Ingredients for Treatment

- 🔸 Salicylic Acid - Exfoliate inside the pore
- 🔸 Hinokitiol - Controls P. acne bacteria
- 🔸 Retinol - Improved cell turnover
- 🔸 Zinc Oxide - Physical UVA/UVB protection

Post Inflammatory Hyperpigmentation

Linked to trauma of the acne lesion as melanocytes become activated in the immune process.



ALUMIER MD PROFESSIONAL TREATMENTS

Your highly trained AlumierMD skin care professional will individually analyse your skin and choose the correct skin treatment for your concern.



AlumierMD comes from the word 'illuminate'
 Illuminate /v/ - (1) to make clear or bright;
 (2) to enlighten or share knowledge

ALUMIER ACTIVE FACIALS

AlumierMD DEEP MOISTURISING TREATMENT

Intensely hydrating and nourishing option that infuses antioxidants and moisture binding ingredients resulting in plump, soft skin and a dewy complexion.

Face and neck	£55
Face, neck and décolleté	£70

AlumierMD ENZYME TREATMENT

Highly effective fruit enzyme resurfacing treatment. The unique blend of fruit enzymes exfoliates dead skin cells and promotes skin renewal. This unique experience also includes brightening enhancers, followed by targeted treatment serums to address skin concerns.

Face and neck	£55
Face, neck and décolleté	£70

AlumierMD REFINING CLAY TREATMENT

Highly effective treatment to refine and purify the skin. A unique blend of clay and exfoliating ingredients removes dead skin cells and promotes skin renewal while clearing trapped oil.

Face and neck	£55
Face, neck and décolleté	£70

AlumierMD LUXURY FACIAL

This unique experience combines relaxation with high performing ingredients to address your skins concerns. Treatment includes facial, massage, lymphatic drainage and pressure point massage to release toxins in the skin and soothe pain while relaxing the body and mind.

90 mins	£85
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UPGRADES FOR AlumierMD ACTIVE TREATMENTS

Eye rescue pads	£15
Vitamin A	£15 per area
Detox clear	£15 per area
Extraction	15 mins £10
	30 mins £18
	45 mins £25



EPIDERMAL REJUVENATION TREATMENTS

EVOLVES SIGNATURE GLOW PEEL

Glow peel combines lactic acid, salicylic acid and resorcinol, creating multipurpose resurfacing solution effective in minimizing the appearance of fine lines, wrinkles and hyperpigmentation issues like age spots, discolouration and uneven skin tone. To suit individual needs glow peel can be customized by strength and layers.

Glow peel light face	from £150 - £195
Glow peel face	from £190 - £250
Glow peel hands	£75
Glow peel light neck and décolleté	£180
Glow peel neck and décolleté	£235
Glow peel upper back	£250 includes Detox Clear
Glow peel full back	£295 includes Detox Clear
Glow peel course of 3	from £405 - £675
Glow peel course of 6	from £769.50 - £1,282.50



RADIANT 20/10

With lactic acid and salicylic acid radiant 20/10 resurfacing peel contains a powerful combination of them both which improves skin tone and texture by exfoliating skin cells and speeding cell turnover. This epidermal rejuvenation treatment reduces acne pimples, large pores, fine lines, wrinkles sun damage and pigmentation. Radiant 20/10 also includes Detox clear applications.

Radiant 20/10 face	£125
Radiant 20/10 upper back	£125
Radiant 20/10 full back	£250
Radiant 20/10 course of 3	£337.50
Radiant 20/10 Course of 6	£637.50



RADIANT 30

Radiant 30 is an alpha hydroxyl acid resurfacing peel containing lactic acid to exfoliate dead skin cells, boost cell turnover and stimulate collagen, improving skin texture and tone. Radiant 30 draws water back into the skin to hydrate and reduce the appearance of fine lines and wrinkles. This treatment can also be used in combination with Glow Peel in advanced programmes.

Radiant 30 face	£125
Radiant 30 neck and décolleté	£110
Advanced Radiant 30 in combination with Glow Peel	from £225-£325



EPIDERMAL REJUVENATION UPGRADES

VITAMIN A BOOST

Vitamin A boost is a potent and pure retinol and lactic acid resurfacing treatment. Reduces the appearance of fine lines, wrinkles and hyperpigmentation by boosting collagen production and speeding cell turn over, creating a more radiant even toned complexion. Ideal for mature or sun damaged skin.

£15 per area

DETOX CLEAR

Detox clear contains salicylic acid and lactic acid for excellent penetration and exfoliation. Salicylic acid penetrates into the pores and exfoliates dead skin cells and excess sebum. Lactic acid exfoliates dead skin cells and hydrates. Detox Clear works to minimise pore size experience, reduce acne and prevent new pimples from forming.

£15 per area

EXTRACTION

15 MINS £10	30 MINS £18	45 MINS £25
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THE ORIGINAL AWARD WINNING SKIN NEEDLING DEVICE

Introducing the revolutionary micro-needling treatment Dermapen

What Is the Dermapen™ Micro-Needling Pen?

The Dermapen™ is a revolutionary micro-needling device which aims to tighten, lift and rejuvenate skin.

The Dermapen can visibly improve the appearance of:

- fine lines
- wrinkles
- collagen induction
- pore size
- surgical, acne and trauma scars
- stretch marks
- pigmentation
- ...and much more!

How Does Micro-needling Work?

The Dermapen 3™ offers unparalleled collagen induction by harnessing the body's innate ability to re-grow and repair the skin as a response to micro-damage. This small, hand-held device delivers up to 1,300 micro punctures per second into the skin, thus stimulating the production of collagen and elastin and normalizing various skin functions.

Because the process activated via micro-needling essentially generates new healthy skin cells to replace aged or damaged ones, applications for the Dermapen™ are very diverse. The device has been used to treat visible signs of aging, such as skin atrophy and wrinkles, as well as various types of scarring, stretch marks, several types of pigmentation disorders, sun damaged skin, hair loss, and much, much more. The process never involves heat or thermal energy, does not use harsh chemicals or cause unnecessary trauma, the skin heals quickly, requiring virtually no downtime.



DERMAPEN is often used as a combined therapy with many other skin procedures by the Evolve expert team. Your aesthetician will guide you through your skin journey with us.



FAQ's

Q: How many treatments are recommended for rejuvenation, acne scarring and stretch marks? (General guide)

A: Rejuvenation: 4-6 treatments
Acne scarring: 6 treatments
Stretch marks: 4-8 treatments

Q: Is the treatment painful?

A: For minimum needle depths Dermapen™ Treatments are painless. Treatments over 0.5mm deep may require a topical Aesthetic cream to be applied for 15-40 minutes before the procedure. This will render the treatments virtually pain free.

Q: How long should it take before I see results?

A: Typically, you will see results after the first treatment. Lasting and more significant results will occur after 4 to 6 treatments. Your skin will continue to improve over the next 6-12 months after a course of treatments and when combined with the recommended post treatment care.

Q: Is there any downtime after treatments?

A: Generally no, but you may experience facial redness for 12-48 hours after the treatment. Most people are able to return to normal daily activities immediately after the treatment. Application of a breathable camouflage will seal the skin and cover any redness for an immediate return to work.

Q: How soon after filler injections can I have a Dermapen™ Treatment?

A: It is recommended to wait at least 7 days after filler injections, so that any post treatment bruising from the fillers can settle. It is also possible to have your Dermapen™ Treatment several days before having fillers injected. Consult with your practitioner prior to determine exactly how long to wait is best in each particular case.

PRICES

Full face	£160	Partial body	POA
Full face and neck	£180	Stretch Marks	POA
Full face, neck and décolleté with hands	£230	Upper back	£180 - £230
Neck only	£80	Full back	£340 - £390
Partial face for scarring	£80		

Courses of treatment are 10 percent discounted with two treatments paid for on visit one.

Multiple areas are 15 percent discounted with two treatments paid for on first visit



AWARD WINNING

EVOLVE

VENUS FREEZE

HIFU-LAB

BTL UNISON

VENUS FREEZE



What is Venus Freeze?

Venus freeze is a device used to treat wrinkles, rhytides, tighten skin, reduce cellulite and circumferential fat. Using (MP)² technology, this device delivers multi-polar radiofrequency and Pulsed Magnetic Fields to the skin to produce a dense and uniform heat matrix. This causes collagen synthesis and contraction, fibroblast proliferation, neo-vascularity and lipolysis.

- | | |
|---|-----------------------|
| ☞ SKIN TIGHTENING FOR FACE, NECK & BODY | ☞ BODY SMOOTHING |
| ☞ FACE SHAPING | ☞ AGE MANAGEMENT |
| ☞ NON-SURGICAL FACE CONTOURING | ☞ WRINKLE REDUCTION |
| ☞ NON-SURGICAL BODY CONTOURING | ☞ STIMULATES COLLAGEN |
| ☞ CELLULITE REDUCTION | |

Minimum treatments required

Face: 6 Body: 8

Maximum treatments

Face: 12 Body: 14

Treatments can only be applied once a week, preferably without a break. You will start to see great results between 3-4 treatments. Once you have had your weekly course of 6-14 appointments, you then take a break of 2 months while the application of Venus freeze carries on working. You will then commence with a maintenance treatment every month or another course if you desire



Your Venus Freeze Experience

No downtime, no pain and no discomfort

Experience Painless Treatments

Why sacrifice comfort for results when you don't have to. Venus Freeze delivers a painless treatment with clearly visible results.

Experience Safety

Your Venus Freeze treatment is risk-free and good for all skin types and colors.

Experience Convenience

With no downtime, your Venus Freeze treatment allows you to resume daily activities immediately after treatment.

Experience Clearly Visible Results

With our patented (MP)² technology, you often can see results after the first treatment. Long term results can be achieved in as few as 6-8 treatments.

Experience Venus Freeze

The only technology that increases collagen synthesis via 2 separate mechanisms, resulting in a dramatic improvement in the skin condition.

DELIVERING THE PROMISE

FACE:

Face	£80
Face and neck	£95
Neck	£50
Neck and jowl	£70
Décolleté	£80
Neck & décolleté	£95
Face, neck & décolleté	£120
Eye area	£60
Venus signature treatment	£130



VENUS FREEZE

BODY:

Hands	£30
Half Upper Arm	£60
Full Upper Arm	£90
Buttocks	£95
Abdomen	£90
Abdomen Plus	£140
Inner thigh	£90
Outer thigh	£90
Full thigh	£140
Back	£95
More than Knees	£80
Back Plus	£140



Before



After 6 treatments



Before



After 6 treatments

Course Reductions

6 or 8 Treatments	5% Discount
10 Treatments	10% Discount
12 Treatments+	15% Discount

Book a course of more than 1 area and receive a further 10% off
Book multiple areas POA

Face & Neck



Before



After 10 treatments

Face & Neck



Before



After 10 treatments

Abdomen



Before



After 10 treatments

Arms



Before



After 4 treatments

Wake up your natural beauty

This non-invasive and non surgical treatment is amazing for face rejuvenation and body contouring. High intensity focused ultrasound creates a lifting effect for immediate and long lasting results, with absolutely no surgery, laser or injections.

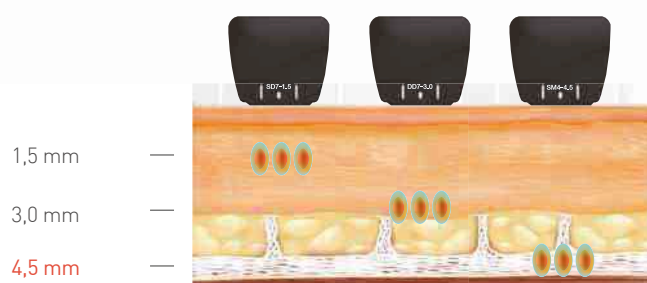
How does HIFU LAB work?

HIFU Lab is a focused ultrasound system that produces a lifting effect by delivering focused heat (TCP's thermal coagulation points) to SMAS (Superficial Muscular Aponeurotic System) and deep dermis. HIFU LAB is a non invasive, non surgical ultrasound system that produces a lifting effect with no damage to the surface of the skin. The energy of the ultrasound is focused in different points of the skin. After verifying the degree of the skin flaw being treated, your operator selects the most suitable programme to obtain the best possible aesthetic result.

Immediate and long lasting results

Face

- Firmed and rejuvenated skin
- Non-invasive lifting effect for face and neck
- Refining face contour
- Lifting effect on the eyebrows and jawline, and fewer wrinkles around the eyes
- Lifting of sagging cheeks
- Increase of cheek bone area volume
- Reduction of double chins
- Lifting of the eyebrow arch with a rejuvenating effect



Cartridge for facial treatment

1.5 mm

Hifu Lab has a clear toning effect by delivering a renewed production of superficial collagen, stimulated by TCPs hitting the collagen-rich dermis layer of 1.5 mm depth. This induces an improvement in lines and wrinkles.

3.0 mm

Deep dermis at 3.0 mm depth from skin surface is connected to SMAS layers by fibrous septa. Hifu Lab is able to promote facial lifting and collagen regeneration by producing TCPs in deep dermis, and elastin in the lower dermis.

4.5 mm

The SMAS layer is an area of muscles of the face that exists in 4.5 mm depth from the skin surface. The SMAS layer is composed of collagen and elastic fibers and plays the role of delivering muscle contraction to the skin surface. Hifu Lab is able to promote facial lifting by producing TCPs in the SMAS layers. Lifting facial expression muscles that lose tone over time.

Thermal Effect Targeted At Sculpting The Body

Body

- Reshapes the abdomen, hips, inner and outer thighs, buttocks and inner arms.
- Acting on the localised adipose layer and imperfections caused by cellulite
- Tightening and toning the tissues

HIFU TECHNOLOGY LAB is a unique technology also for body contouring. The feature that makes it unique is the ability to use a significant power intensity, in a short time. **FILLUP TECHNOLOGY** uses high intensity focused ultrasound to create a powerful thermal effect capable of reducing, in a targeted way, the fat stored on the abdomen and flanks area.

Acting at the depth of 13 mm acts on adipose tissue without damaging the surrounding tissues or non-affected areas. Based on the blemish, you can customize the treatments, allowing, in this way, to treat particularly difficult localized areas, such as inner arms and inner thighs.

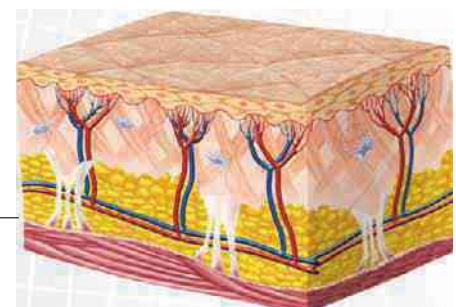
Cartridge for body treatment

13mm

The temperature that accumulates in the layers of fat generates a decrease in adipocytes. With Hifu tech the fat layers are effectively reduced thanks to the 13 mm cartridge that penetrates up to 13 mm into the superficial skin layer. Excellent for body contouring.



Epidermis
Dermis
Subcutaneous
Tissue
SMAS
Muscle



Prices

HIFU LAB Face

Application for the facial area is once every 3 months for 3 treatments only. Before a further course can be applied there must be a minimum of 6 months. You need to be between the age of 35 and 65

Partial face	£150
Face	£350
Course of 3 face	£900
Face and Neck	£450
Course of 3 face and neck	£1200
Face Neck and décolleté	£550
Course of 3 face neck and décolleté	£1500

HIFU LAB Body

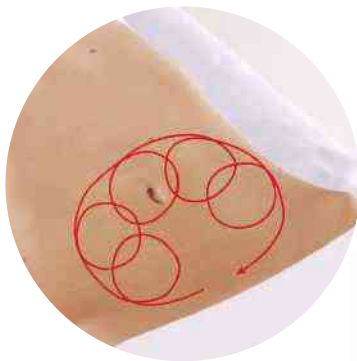
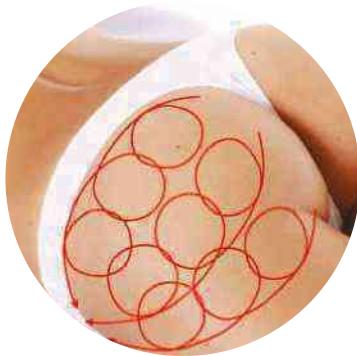
For small areas of the body application is once monthly for 4 treatments. There needs to be two inches of adipose tissue in the area to be treated. A two month break is necessary before a second course can commence.

Small areas	£300	course of 4	£1080
Medium areas	£340	course of 4	£1260
Large areas	£380	course of 4	£1440

WIN THE WAR ON CELLULITE

BTL UNISON™

Our brand new revolutionary cellulite and lifting treatment now available at your trusted Skin Clinic Evolve



TOUCH THE FUTURE
OF CELLULITE REDUCTION





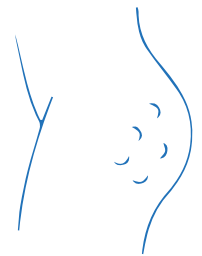
AESTHETICS

The one and only device that treats all 5 types of cellulite with immediately visible results that last

Therapy is not limited to BMI and skin type – everybody is a candidate

Combination of powerful thermal and mechanical energy allows treating all kinds and grades of cellulite

Non invasive and no downtime – so you can carry on with everyday life right after treatment session

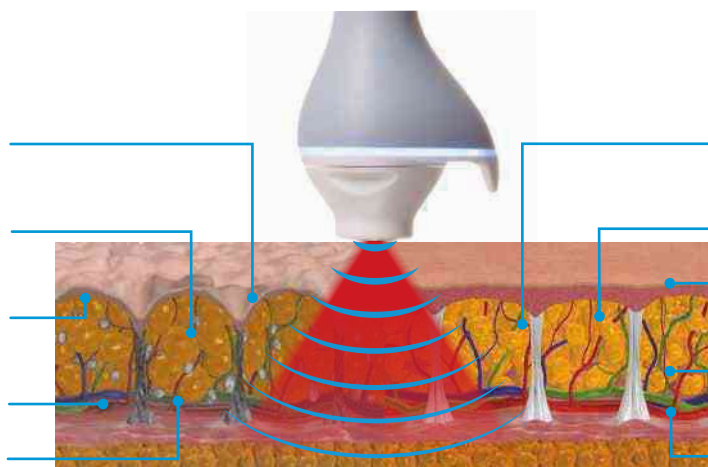


HOW DOES IT WORK?

The synergy of intensive Radio frequency and strong Targeted Pressure Energy allows treating all **5 main causes of cellulite**. This unique, **simultaneous effect** of both energies delivers **the reduction of unsightly dimples** and overall improvement of skin appearance.

BEFORE

- ① Enlarged fat chambers
- ② Damaged collagen fibres
- ③ Loss of skin elasticity
- ④ Poor blood flow
- ⑤ Metabolic waste accumulation



AFTER

- ① Diminished fat chambers
- ② Collagen remodelling
- ③ Restored skin elasticity
- ④ Blood flow enhancement
- ⑤ Increase in metabolic waste removal

Figure 1: Illustration of skin structure changes after BTL Unison treatment.

CAUSES OF CELLULITE

- Damaged collagen and elastin fibres
 - Shortened connective tissue
 - Poor blood supply
 - Reduced Lymph flow
 - Enlarged adipocytes

BEFORE

AFTER 4 TREATMENTS



BEFORE

AFTER 4 TREATMENTS



BEFORE

AFTER 4 TREATMENTS



TOUCH THE FUTURE OF CELLULITE REDUCTION

How long is the treatment and how many sessions do I need?

During the first visit your provider helps design your individual treatment plan. Most clients undergo 4 treatments, scheduled 1 week apart. Treatments typically take about 20 minutes depending on what part.

How fast will I see results, is there any downtime?

Clients have reported improvements after a single session. The results will typically continue to improve over the next few months. With no downtime you may resume normal activity immediately after treatment.

What does the procedure feel like? Is it painful?

The most common perception of the therapy is being compared to a hot stone massage with intense mechanical vibrations. The treatment is performed in a relaxing lying-down position.

Can I have more than one course of 4 treatments? Will I achieve even better results?

Depending on your grade of cellulite, you may have more than one course. Each course can reduce your cellulite by a full grade.

From grade 3-2 / 2-1 / 1-0. (However you must leave three months in between each course.)

Prices* £100 per treatment + £50 per extra area

Areas Treated

Thigh Area Front
Thigh Area Back
Thigh Area Inner
Thigh Area Outer
Bottom Lift
Abdomen Upper
Abdomen Lower
Love Handles
Back Fat
Arms Inner
Arms Outer

- Application is once per week
- 4-6 treatments
- You can have any 3 areas treated at the same time
- Results last 12-18 months
- Maintenance treatments MAY be necessary
- One treatment per 3 months

Please contact the clinic for latest promotions

*Finance available from 

EVOLVE

HERITAGE HOUSE

EV

AESTHETICS

EVOLVE

PRIVATE CLINIC



Welcome to EV Aesthetics Facial Clinic

EV facial aesthetics is part of the evolve clinic brand, housed in the stunning and discreet Heritage House location.

All aesthetic treatments are undertaken by Mr Lee Whittle BDS and Mrs Sandra Whittle BDS, who are both dental surgeons based in Manchester with nearly forty years combined clinical practice experience. Lee has a long-standing relationship with Evolve and has been part of the team for the last fourteen years. Sandy has joined us more recently in 2016.

They both love the science and art of aesthetics and are passionate about best practice. Although both have a great depth of experience, they are committed to enhancing and consistently improving their skills. Attending various conferences and training seminars throughout the year, ensures that we provide the most up to date techniques and best practice for our patients.

Put simply, the EV aesthetics team are caring professionals, who have a reputation for putting patients interest first and creating excellent results. EV patients quickly become regular clients who we would like to regard as friends, supporting and helping them towards achieving their aesthetic goals.

Using award winning products at EV Clinic you will be guided through your journey with:

- A free initial consultation
- A range of products and treatment portfolio
- Tailor made treatments
- you are individual so your treatment plan should also be individual

So come and join us in our mission to make you feel like a fresher version of you.

Vicky Kennedy has worked along side Lee Whittle for many years and more recently Sandra Whittle. I couldn't be more confident about the procedures carried out within EV AESTHETICS as I know my dear clients are in expert hands. Here at Evolve we approach the less is more rule and I love that Lee and Sandra have all the time, knowledge and experience that my clientele require. We work passionately together and support you.

With these treatments at our disposal, we believe there is a treatment or combination of treatments that can give you back that fresher more confident person. From simple muscle relaxant or lip augmentation, through to more involved combination treatments, there is a treatment waiting just for you.

Best wishes,

The EV Aesthetics team

Consultation

The consultation is possibly one of the most significant parts of your journey with us. Taking this first step can be difficult so we offer a warm and welcoming environment to discuss your cosmetic concerns. We take the time to get to know you, guiding you towards the most appropriate treatment options. Although some of the procedures we offer are widely available and straightforward to perform, they require a thorough understanding of facial anatomy and experience to deal with potential complications, this is what sets us apart from other beauty clinics and practitioners. This is provided as a free of charge service for any new consultation

Derma! Fillers: Juvederm / Restylane

Typically for nose to mouth lines, marionette lines and lip enhancements.

As we grow older, our skin naturally loses fat, collagen, elastin and hyaluronic acid, which provide facial volume and support. Our facial structure and muscles also lose volume. Dermal fillers are materials that are designed to be placed under the skin to improve appearance either by support or augmentation. Aesthetic practitioners use fillers to restore volume of the skin in the upper half of the face to give a more youthful shape. They also diminish the appearance of nose to mouth lines, lip augmentation, correct tear troughs, define borders and correct scarring, wrinkles and other depressions in the skin.

The procedure can be quick to complete sometimes requiring topical and/or local anaesthetic.

Again, we will always review initial treatments which allows us to ensure all has gone as expected and to make any adjustments if needed. This appointment is offered as part of your initial treatment and again is free of charge.

We also place great importance to the brand of filler used, using products such as Juvederm, Restylane, and Belotero which all have excellent safety records and are at the time of writing the only FDA approved products on the market.



Restylane:

Price (based on one full syringe)

Juvederm 2 Restylane Touch	£200
Juvederm 3,4 Restylane	£250
Juvederm Voluma, Restylane Perlane	£300
Lip design 0.55ml	£190
Lip design 1.1ml	£260
Belotero range	£250
Juvederm vycross range	£350
Redensity 2 (tear trough)	£350

Muscle Relaxant: Botox™ / Vistabel / Dysport

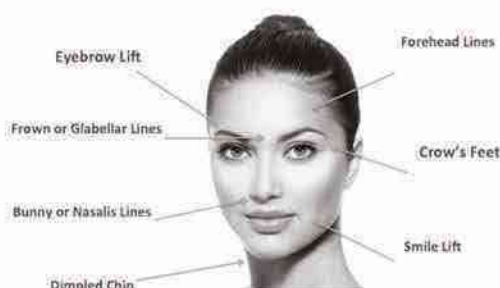
Typically for frown lines, forehead and crows feet.

Muscle Relaxants (wrinkles and lines)

Facial lines are caused by the repeated use of facial muscles. Over time the skin becomes creased in the areas of greatest use. This, combined with the ageing process, causes the slowing down of the production of collagen and elastin in the skin, meaning that as we get older over-use of the muscles and subsequent damage to the skin causes some lines to become more permanent. By reducing the movement of these muscles, using Botulinum Toxin (also known by the brand names of Botox, Vistabel or Azzalure), the skin will stop being continually creased and this allows the lines to soften and even fade away. In time it is thought that the subconscious habit of over using these muscles can be broken. These injections only cause temporary relaxing of the muscle, leaving natural expression but over time the muscle will gradually regain its movement.

Results vary from person to person but generally the effects start around days two to five with maximum effect at around two weeks. The results begin to wear off after 3 months and can then be repeated. Your treatment will need to continue in this way for a couple of years, after which it is generally thought that treatment times may become less frequent.

A review appointment is always offered and advised 2 weeks after your first treatment, this allows us to ensure the treatment has gone as expected and to make any adjustments, if needed. This appointment is offered as part of your initial treatment and is free of charge. All Botulinum Toxin injections are Prescription Only Medicines. All new patients must be fully assessed and if treatment is deemed appropriate a subsequent appointment will be made to administer your treatment.



One Area	£170
Two areas	£240
Three areas	£280
Hyperhidrosis (excess armpit sweating)	£400

Supplemental charge may apply for additional areas, this would be discussed at a consultation appointment.

PLEXR Soft Surgery Treatment

Plexr treatment is a real gamechanger. Prior to this technology being available, surgery was the only option for procedures such as blepharoplasties (removal of excess skin around the eye).

The device uses plasma technology, which on contact with the skin stimulates instant contraction and tightening of skin fibres with the aim of reducing skin laxity or excess skin. Due to this innovative device, it is now possible to obtain similar results to that of traditional surgery, using only topical anaesthesia, without a scalpel, without scarring and without unnecessary risks. The procedure is best performed on small localised areas of the face or body, such as the eyelids, around the mouth (smokers lines) and the neck. Plexr is also used increasingly for the treatment of other conditions such as the removal of benign skin growths and lesion. The great advantage of this treatment is that the results are permanent

If you suffer from loose skin in your upper/lower eyelids that gives you that tired look and are seeking a non-surgical approach, then plexr could be your answer.



How does PLEXR® work?

When activated, the instrument ionises the gas particles in the air between its tip and your skin. This creates an electrical arc which touches the very surface of the skin, causing the target tissue to 'sublimate' (go directly from solid to gas state), thereby preventing unwanted spread of heat downwards or across the skin. Tissue retraction is also a key benefit which explains its use in scar management and even non-surgical face/neck/body lifts.

Is PLEXR® safe?

In a word, YES. Due to the revolutionary way in which PLEXR® works, it is an extremely safe device in the hands of a trained doctor. Your beautician will discuss potential side effects with you during your consultation and you will be given plenty of time to pose any questions you may have.

Upper Eye blephoraplasty	£399
Upper & Lower Eye Lift	£550
Peri Oral (mouth)	£350
Upper Lip	£500
Neck (4 sessions needed)	£200
Additional Areas (e.g. Crows Feet)	£150



SKIN REJUVENATION USING YOUR OWN PLASMA

PRP with Micro needling

Platelet Rich plasma (Dracula therapy) also known as vampire facelift is a procedure primarily used in our clinic for facial rejuvenation. PRP first came into social consciousness for many people when Kim Kardashian posted pictures of herself reporting to of had the treatment performed. It's also used by many celebrities and models as a natural means of facial rejuvenation.

Further to this, PRP has a wide scope of applications, often used in conjunction with hair restoration, skin graft healing, dental implants, sports and regenerative medicine such as in orthopaedics.

Firstly, it must be recognised that PRP is not surgery or a facelift procedure, it will not lift or stretch the skin. The procedure works by utilising the amazing healing and reparative properties of the patient's own blood to promote and accelerate the repair mechanism of the targeted area.

In relation to facial rejuvenation PRP has been shown to provide fantastic improvements in skin tone, texture, contour, fine lines, crepey skin, acne scars as well as improving dark circles under the eye, resulting in an overall fresher, healthier glow to the complexion of the skin.

Why with micro needling?

Micro needling is a treatment that has been used for many years. The procedure involves the use of tiny needles that are either rolled over the skin or used with a pen device, resulting in controlled skin injury without damaging the epidermis. These micro injuries lead to superficial inflammation of the skin, promoting a healing cascade and the production of collagen. Clinical split face studies (one side with prp alone and one with both micro needling and prp) have shown that this method in combination with PRP has been shown to act synergistically not just increasing collagen production but the rate and quality of production, providing greater results than by using either procedure alone. This combination has proved extremely successful, especially in relation to acne scarring.

Price

PRP With Dermaroller

£450

◆ A small amount of blood is drawn from the patient into a sterile tube in the exact same manner as a standard blood sample. The tube containing a patient's blood is placed into a centrifuge and spun to separate the plasma and platelets from the other blood components.

◆ After a few minutes, the plasma and concentrated platelets are removed from the same tube and re-introduced into the patient at the site of the injury, scars, skin, obvious lines or wrinkles. Using a small sterile needle, your physician will inject the PRP in and around the desire site.



This is an all accomplished 100 % natural procedure, without using animal products derivative or any other foreign material. Research and clinical data show PRP obtained from the patient's own blood is safe, with very minimal risk of adverse reactions or complications.

Because the platelets are produced from your own blood, there is no risk of rejection or disease transmission.



Thread Lift



Thread Prices:

5 point lift £850

Neck £450

No one likes the effect of aging on the face. Particularly loose or sagging skin, whilst products such as fillers and fat dissolving injections can help, sometimes a lifting procedure is required, particularly for stubborn jowls or loose skin of the midface as well as the neck.

Whilst surgery is a great option for this, it may not be possible or appropriate in some cases. There is an alternative and these are thread lifts.

In a process called the five-point face lift, extremely fine sutures are placed under the skin and anchored in a stable using light pressure, these are then tightened to generate lift and support. A resorbable sutures dissolves new thicker collagen is generated which then continues to support the tissue

Thread lifts are normally recommended for those over 30 who are experiencing skin laxity and moderate signs of aging.

As well as the five points lift we can also use threads to help tighten loose skin of the neck in combination with therapies.

Teeth Whitening (by qualified dentists)

Without doubt one of the more common cosmetic questions people have is how to whiten teeth. With so much information in the general and social media on how to whiten and brighten your teeth be it mobile lasers or the use of charcoal or baking soda tooth-pastes, it can be confusing as to what may be the best option. Most of these methods either won't work or worse still will damage your teeth and gums and result in pain.

However, this doesn't have to be the case, Tooth whitening doesn't have to be painful or expensive. Undertaken by Lee Whittle whose background is as a dental surgeon, we promise to bring you a whitening system that could increase the whiteness of you teeth up to ten shades!

We've partnered with the renowned teeth whitening dentist Dr Wyman Chan of London and brought his system to the heart of Bolton. Dr Chan is known for working with Cheryl Cole, the Saturdays, Olly murs, Caroline flack, rebel Wilson and jessie j to name a few. Our system that is easy to perform, highly effective and has minimal risk to tooth and gum health. Let us help you to a brighter smile in a safe and professional manner.

Whitening packages

Silver £190

Gold £230

Platinum £270

PHILIPS

ZOOM!





SALLY KNOWLES

HERITAGE HOUSE

EV COLONIC
HYDROTHERAPY
E V O L V E

PRIVATE CLINIC



SALLY KNOWLES - EVOLVE CLINIC MANAGER

15 YEARS ARCH REGISTERED

PRIVATE CLINIC WITH EN-SUITE

Colon Hydrotherapy

A clean, strong and well functioning colon is essential to maintaining optimal health...

While a unclean, weak and poorly functioning colon, is a breeding ground for disease, sickness and death. Serious health problems can arise if the colon is not properly cared for, and based on statistics, colon healthcare in the UK has been woefully neglected.

In the UK alone, many millions of pounds is spent annually on laxatives. This year an estimated 20,000 new cases of colon and rectal cancer will be diagnosed. Colon cancer is believed to be the second leading cancer killer in the UK, second only to lung cancer in men and breast cancer in women.

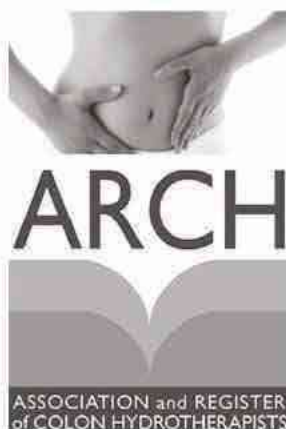
Good colon health is as much a function of the quality of food we eat, as it is our elimination status. The typical British diet comprises of refined, processed foods... high in saturated fats, sugar, flour, preservatives and low in fibre, inevitably causes problems for the colon. Over time, the colon will lose the ability to process vital nutrients, absorb water and to eliminate faecal matter from the body... a condition commonly known as constipation.

Constipation is commonly identified as a condition where the faecal matter is so tightly packed together, that bowel movements are infrequent, with difficulty and much straining. But many people are constipated without even recognizing the condition! Old hardened faeces stick to the walls of the colon. The passage through which the faeces are forced to travel is much reduced, so that stools are narrow in diameter. In our society, bowel movements of the chronically constipated... may be looked upon as being 'normal' stools!

Most people have no idea how much old hardened, faecal matter is lodged within their colons. Many experts believe that the average person has 5 to 20 pounds of accumulated waste matter in their colon. While not a weight loss procedure... it is interesting to note that many people who complete a series of colon hydrotherapy sessions, often report significant weight losses.

Colon toxicity can be the underlying cause of many of these commonly reported health problems and may indicate the need for colon hydrotherapy...

Constipation Abdominal gas
Insomnia Backaches
Headaches Diarrhoea Depression
Food cravings Skin problems Irritability Allergies
Distended Abdomen Prostate trouble
Haemorrhoids Bad breath/Halitosis
Psoriasis & Rosacea Acne & Eczema
Hypertension Difficult weight loss
Arthritis Chronic Fatigue Frequent colds
Foul body odour Menstrual problems Asthma Hypoglycaemia



Sally Knowles qualified as a therapist 29 years ago and as a colonic hydrotherapist in 2003. After suffering for many years with IBS, she finally found a solution with colonic hydrotherapy to reduce the pain from bloating cramping and constipation. Although no claims can be made that colonic will cure any disorders, many people find that cleansing the colon can provide relief from the symptoms of a wide range of digestive disorders, including IBS. Colon hydrotherapy is not just for digestive problems, it can also work to keep your bowels healthy, in the same way that visiting the gym can help keep you fit.

First Treatment with consultation	£65.00
Maintenance	£55.00
Course of 3	£150.00
<i>Evolve Holistics</i>	
Reiki	£40
Hopi Ear Candles	£30

COLONIC ADDITIONS

Infusions may be added to the water during a colonic treatment to relax, stimulate the release of waste or relax spasms.

Wild Yam- acts as a smooth muscle relaxant and its content of saponins helps to lower surface tension, thereby could help in avoiding gas.

German chamomile- has calmative, antispasmodic, anti fungal and antiseptic properties.

Enema herbs- stimulate the release of waste where constipation is present.

COFFEE ENEMA

A coffee enema is the insertion of organic ground coffee into the colon after a colonic hydrotherapy treatment, helping to cleanse the liver of toxins. It is then left to absorb for about 15 minutes. Toxins occur from the normal metabolisms of food as well as food and water pollutants such as pesticides, preservatives, hormones, excreted prescription drugs and fluoride.

£10 in addition

PROBIOTIC IMPLANT

A probiotic implant floods the gut with billions of live probiotic bacteria containing beneficial bacteria. It is used after or during a course of antibiotics which often in their quest to kill the bacteria causing the illness, destroys the guts' beneficial bacteria at the same time, leaving the client vulnerable to other ailments such as Candida Albicans. The implant is inserted by way of a small catheter and left to absorb for about 15 mins.

£10 in addition

ABDOMINAL MASSAGE (30 Mins)

£30

— AWARD WINNING —

EVOLVE

—

ADVANCED COSMETIC PROCEDURES

VEIN AWAY

LASER TECHNIQUES

ADVANCED HAIR REMOVAL

THE AWARD WINNING
Lynton LUMINA[®]

The No.1 Professional Laser & IPL machine



AWARD WINNING
EVOLVE

ADVANCED SKIN | LASER | AESTHETICS

ACNE TREATMENT

You don't have to let acne affect your confidence! Evolve Skin Clinic offers a range of successful acne treatments to leave your skin clear and blemish free. Acne can be effectively treated with Intense Pulsed Light alone or in combination with other clinical treatments. Intense Pulsed Light treatments greatly reduce the number and severity of active lesions, lessening the inflammation and frequency of break-outs.



FREQUENTLY ASKED QUESTIONS

HOW DOES INTENSE PULSED LIGHT WORK?

The light emitted from the Intense Pulsed Light system directly targets overactive sebaceous glands, greatly reducing the total number and severity of active lesions, and lessening the inflammation and occurrence of break-outs. The light stimulates the production of new collagen to improve skin texture, and can also reduce the appearance of red or brown areas of skin that are often associated with acne breakouts.

HOW IS THE TREATMENT CARRIED OUT?

A layer of chilled gel is applied to the skin to help guide the light. The light guide is placed onto the skin and a short pulse of light is released. The applicator is passed over the skin several times before moving onto the neighbouring area, and the process is repeated until the whole area is treated. Each pulse of light treats a large area of skin and so the duration of the treatment is very short. The gel is removed and the skin is moisturised. During treatment protective eye wear will be provided.

AM I SUITABLE FOR TREATMENT?

Almost everyone can be treated, apart from very dark skinned or tanned individuals. If you are pregnant or taking Roaccutane (an acne medication) it is best not to undergo laser or Intense Pulsed Light treatment.

HOW DOES THE TREATMENT FEEL?

Treatment is mildly uncomfortable but no anaesthesia is required. Many people describe the sensation as similar to the flick of an elastic band.

WHAT SHOULD I EXPECT AFTER THE TREATMENT?

Immediately after treatment the skin may appear red and a warm tingling sensation may be felt. Typically the skin is cooled to ease any discomfort and a calming gel is applied.

ARE THERE ANY SIDE EFFECTS?

The treated area can become quite red immediately after treatment but this usually disappears within a couple of hours. Most people experience no other side effects but very rarely a small blister could form or the skin may become temporarily lighter or darker.

HOW LONG DOES TREATMENT TAKE?

A typical treatment session is approximately 30 minutes.

HOW MANY TREATMENTS ARE NECESSARY?

The number of treatments necessary varies from person to person, but typically 6 Intense Pulsed Light and 6 exfoliating treatments will result in a significant improvement.

LASER TATTOO REMOVAL

Not all lasers are the same and not just any laser can safely remove tattoos. Evolve Skin Clinic has the most advanced active Q-Switch lasers for tattoo removal. This is the only type of laser that is safe and effective for the removal of tattoos. Our lasers can fade away tattoos of various size and colour. Your tattoo will be assessed and, in the majority of cases, laser tattoo removal will be recommended.

This treatment is for you if: you wish you never got a tattoo, you are looking to fade a tattoo for a new design or you need to remove a tattoo to help pursue your career.



FREQUENTLY ASKED QUESTIONS

HOW IS TREATMENT CARRIED OUT?

Active Q-Switch Lasers that generate a high powered beam of laser light in an extremely short pulse are the most suitable lasers for tattoo removal treatment. The light is absorbed by the tattoo ink particles, breaking them down into smaller pieces, enabling your natural immune defences to absorb and disperse the ink. A gradual fading of the tattoo occurs over a series of treatments.

The skin will be cleaned and the laser applicator is passed over the tattoo releasing quick pulses of light. An audible clicking noise is often heard as the ink particles shatter. After treatment a soothing lotion is applied.

WHAT DOES THE TREATMENT FEEL LIKE?

Most clients describe the sensation as similar to a hot pin prick or the flick of an elastic band. Whilst mildly uncomfortable, most people tolerate the treatment well.

HOW DOES THE SKIN LOOK AFTER TREATMENT?

An instant whitening of the skin is seen but this generally fades quickly. The area is likely to feel tender for a few hours and can be red and swollen for up to 48 hours. Some tattoos may form a graze which must be left to heal naturally. Initially the tattoo is unlikely to look any different but will fade over 4 to 8 weeks as the body disperses it.

WHAT IS THE RECOVERY PERIOD?

Very rarely the skin may become lighter or darker, or a small blister may form. Change to skin texture and scarring is possible, though very uncommon and is more likely if grazes are not allowed to heal naturally. There may be loss of natural tanning ability in the area treated which usually improves with time.

HOW MANY TREATMENTS ARE RECOMMENDED?

This depends on a number of factors such as the density and colour of the tattoo and the age of the tattoo. Amateur tattoos can be quick to remove, taking 1 to 6 treatments, whereas professional tattoos vary considerably and can take up to 15 treatments. Treatments are spaced 6 to 8 weeks apart and each treatment can take anything from 10 minutes to 30 minutes depending on the size of the tattoo.

PIGMENTATION REMOVAL

Sun spots, liver spots, freckles and other unwanted pigmentation are often associated with skin ageing and over exposure to the sun or sunbeds. From the age of about 40 the skin is less able to regenerate from sun exposure and age spots start to appear.

Generally these age spots pose no health risk, however they can be unsightly and create a patchy, less youthful appearance. Freckling and age spots are successfully lightened or removed with Laser or Intense Pulse Light. Not all pigmentation concerns are as a result of sun exposure and some people are born with pigmented birthmarks or may have melasma, a skin pigmentation condition often associated with pregnancy or hormones.

Birthmarks can often be treated with a Q-Switch Laser. IPL or Intense Pulse Light skin rejuvenation and pigment removal treatment is a relatively quick and easy procedure. Age spots and freckles can be lightened or removed in as little as one to three treatment sessions. The light targets areas of excess pigment safely breaking down the excess melanin. The sun spots or freckles darken in the first few days after treatment and then the excess melanin sheds naturally away.

This treatment is for you if: you want a more even skin tone, you want to reduce areas of excess freckling or you want to target a specific age spot.



FREQUENTLY ASKED QUESTIONS

HOW DOES INTENSE PULSE LIGHT WORK?

The Intense Pulse Light System releases short pulses of filtered light that is readily absorbed by the high concentration of melanin found within freckles, sun spots or liver spots. The rapid absorption of light energy heats the melanin and eradicates the melanin-rich cells.

AM I SUITABLE FOR TREATMENT?

Most people are suitable for treatment except for very dark skinned or tanned individuals. However, large, raised and dark pigmentation cannot be treated and may need to be assessed by a Medical Advisor. Dark moles should not be treated nor do we advise the use of any laser/IPL on or in the same area as melasma.

WHAT DOES TREATMENT FEEL LIKE?

Treatment is mildly uncomfortable and a warm, tingling sensation not unlike sunburn is experienced afterwards.

WHAT WILL I LOOK LIKE AFTER TREATMENT?

The skin may be slightly red and the pigment marks will darken and may appear more obvious before they fade away.

ARE THERE ANY SIDE EFFECTS?

Most people experience little more than slight reddening and possibly mild swelling which usually disappear within hours to a couple of days. Very rarely a small blister may form or temporary lightening or darkening of the skin can occur.

HOW MANY TREATMENTS ARE NECESSARY?

The number of treatments will depend on the type & size of the pigmented lesion but typically 1 to 3 sessions are required at 4 to 6 week intervals.

VASCULAR TREATMENT

Facial thread veins or broken red veins (telangiectasia) are small unsightly superficial red, purple or blue veins that occur around the nose and across the cheeks and chin. These broken veins occur when the vein dilates and become larger so they are visible through the transparency of the skin. Although facial veins / spider veins are quite common they can cause some distress and embarrassment for those who have them.

Treatment is suitable for you if you want to: reduce overall facial redness and reduce blushing, be rid of embarrassing broken veins or red spots, or have clearer, brighter, fresher looking skin.

FACIAL VESSELS



LEG VESSELS



FREQUENTLY ASKED QUESTIONS

HOW DOES THE TREATMENT WORK?

Light energy is applied to the skin where it is readily absorbed by blood vessels, heating them to a point where they are destroyed. Following treatment, the vessels quickly clear as they are reabsorbed by the body, leaving little or no trace of the original lesion.

HOW IS THE TREATMENT CARRIED OUT?

The light applicator is placed on the skin and a short pulse of light is released. The applicator is moved to the neighbouring area and the process is repeated until the entire area is treated. During treatment, protective eyewear will be provided.

AM I SUITABLE FOR TREATMENT?

Treatment is suitable for most people. Best results are obtained for those with fair skin, and there is less chance of side effects.

HOW DOES THE TREATMENT FEEL?

Treatment is mildly uncomfortable but there is no need for anaesthesia and the procedure is actually quite quick. Sensations vary but most describe it as a very quick hot pin prick.

ARE THERE ANY SIDE EFFECTS?

After treatment the area may feel warm for a few hours. Rarely, some delicate skin areas such as the cheeks or décolleté can be red and slightly swollen for up to 48 hours. Though very rare, there is a chance a small blister may form and there could be temporary lightening or darkening of the skin.

HOW LONG DOES EACH TREATMENT TAKE?

Treatments typically take from 15 to 45 minutes, depending on the type and size of lesion.

HOW MANY TREATMENTS ARE NECESSARY?

Typically 3 to 5 treatments are needed for optimum results, though small lesions may clear in just a single session. Repeat treatments are spaced every 4 to 6 weeks.

WHICH TYPES OF VEINS CAN BE TREATED?

Most red skin lesions, including facial thread veins, rosacea, spider naevi, and port wine stains, can be treated very successfully. Depending on the lesions, leg vessels can also respond well to treatment.

FUNGAL NAIL TREATMENT

Fungal nail infection (Onychomycosis) is a common condition and affecting every 3 in 100 people in the UK. It makes the nail discoloured, thicken and crumble at the edge. It can affect one or several nails.

Lynton long pulsed ND:YAG Laser can effectively treat nail infections.



FREQUENTLY ASKED QUESTIONS

HOW DOES THE TREATMENT WORK?

Light is absorbed by the water in the skin underneath and around the nail creating heat. This heat helps to destroy the dermatophytes and eliminate the fungal infection. The laser applicator is placed on the nail and a short pulse of light is released. The entire nail bed and nail matrix is then treated in this way.

HOW DOES THE TREATMENT FEEL?

A degree of heating and some discomfort is felt during treatment.

ARE THERE ANY SIDE EFFECTS?

The side-effects of laser treatments are generally mild and transient (unlike the side-effects of some of the medications used to treat fungal infections). The area may be red immediately after treatment and may be a little swollen and tender, but this usually subsides within a few hours. Unwanted reactions are rare but may include a small blister in the area around the nail, or temporary lightening or darkening of the skin. In rare cases, if the nail is very badly infected, the nail may fall off, but if this occurs, it will be replaced by a smoother, uninfected nail.

HOW MANY TREATMENTS ARE NECESSARY?

A minimum of 1-3 treatments at 2-4 weekly intervals is required to treat onychomycosis.

HOW LONG DOES THE TREATMENT TAKE?

Depending on how many toes are being treated, the procedure will take 20-30 minutes.

WHAT IS THE PRE-TREATMENT ADVICE?

Prior to treatment, we suggest you visit a Chiropodist/Podiatrist to confirm the diagnosis of fungal nail, and have the nail paired down if necessary. Please bring a spare pair of clean socks to wear after your treatment.

ARE THERE ANY RESTRICTIONS ON MY ACTIVITY POST PROCEDURE?

You can resume your normal activities immediately.

WILL THE FUNGUS COME BACK?

You can be reinfected with toenail fungus anywhere from your environment. Consult with your healthcare professional to understand how to prevent toenail fungus from reoccurring.

ResurFACE[®] FRACTIONAL SKIN REJUVENATION

Many men and women in the UK suffer from skin conditions and concerns that they feel are 'with them for life', and that they have no real treatment solution.

Award- winning ResurFACE laser treatment is changing how people now perceive the visible effects of ageing (wrinkles) as well as the most common scarring (facial/acne) and stretch mark prone areas of the skin, with dramatic rejuvenation and skin resurfacing results.

For Dramatic
Rejuvenation
Results...



FREQUENTLY ASKED QUESTIONS

HOW DOES FRACTIONAL SKIN RESURFACING WORK?

Minute sections of the skin are targeted with laser light, which penetrate into the tissue, causing small columns of thermal damage to stimulate significant collagen renewal. The surrounding non-affected areas of skin aid the body's natural recovery process, for dramatic results without significant downtime.

AM I SUITABLE FOR TREATMENT?

Treatment is suitable for most people and highly recommended for individuals wanting a brighter, more even skin tone, smoother skin texture with improved skin elasticity, a reduction of wrinkles, reduced pore size and improvement to scars (including acne scars) and stretch marks.

HOW IS THE TREATMENT CARRIED OUT?

The skin is cleansed and the handpiece is moved over the skin delivering tiny microscopic laser beams. Typically treatment time varies depending upon the skin condition and the area being treated, but will range from 10 to 40 minutes. After treatment the skin is cooled. Protective eye wear must be worn during treatment.

HOW DOES THE TREATMENT FEEL?

A warm, heating sensation is felt during treatment with some mild stinging. After treatment the skin can be quite hot and so cooling packs are often utilised to minimise discomfort.

WHAT SHOULD I EXPECT AFTER TREATMENT?

You will experience a mild sunburnt sensation for a few hours after treatment and the skin may be red for 1 to 2 days. This is a normal sign that the skin is healing at a deep level. Swelling is likely but minimal, and resolves in 2 to 3 days. As the healing process occurs, your skin may have a 'bronzed' appearance that lasts from 3 to 10 days, depending on the treatment level. Your skin will naturally exfoliate and may flake as if you had mild sunburn.

ARE THERE ANY SIDE EFFECTS?

Skin redness, swelling and the bronzing appearance described above are all expected outcomes of treatment. Other adverse effects are rare but can include a small blister or temporary change to skin pigmentation, such as a darkening of the skin.

HOW MANY TREATMENTS ARE NECESSARY?

Improvement is evident after the first session, but for optimum results 3 to 5 treatment sessions are often advised. Treatment is carried out every 2 to 6 weeks, depending upon the level of rejuvenation required.

Mens Treatments

Here at Evolve all treatments are suited for both men and women, however we have hand picked our male favourites. Laser hair removal, laser skin rejuvenation, colonic hydrotherapy, ESPA for men and our famous DMK Manzyme therapy. For more advanced treatments please see our brochure.

DMK Manzyme Therapy

A treatment that utilises messenger enzymes to mimic the body's own chemistry, hydrolise dead cell material from the skin and removes impurities through a reverse osmosis process, a back flushing of the skin that increases circulation. Men generally have a thicker corneum than women, more copious sebaceous flow and a higher plasmatic reaction than females, that is way the Manzyme Therapy treatment protocols are a little more progressive when applied. Manzyme Therapy is like a work out to get men skin fit.

From £98



ESPA Mens Hero Treatment

Renowned as our 'Hero' treatment and loved by all, this ESPA experience delivers triple results by targeting three key areas. The back, face and scalp, making it the ideal treatment for anyone. Includes: Back exfoliation, back massage (hot stones), facial & scalp massage.

With hot stones

(85 mins) £75
(120 mins) £90

Mens Eye Treatments

Eyelash Tint	£16
Eyebrow Tint	£9
Eyebrow shape	£9
Trio Eyes	£32
LVL Lash Lift treatment with tint	£46

Mens waxing Treatments

Full Leg	£30	Half Leg	£16.50
Toes	£3	Underarm	£14.50
Upper Back	£16	Eyebrows	£9
Forearm	£12	Full Arm	£20
Chest	£16	Full back	£20
Abdomen	£4	Nape of Neck	£8
Ears	£5	Bottom Cheek	£12

Mens Hands & Feet

Hand File and polish	£14.50
Hand and nail treatment	£16.50
Manicure Deluxe	£39
Toe File and buff	£16.50
Toe file Deluxe	£18.50
Pedicure	£32.50

Evolve Laser Hair Removal



Put an end to the slow messy and painful methods of hair removal. Shaving, waxing, tweezing, depilation and smelly hair removal creams have been replaced by hair removal in a flash. The Ellipse system uses safe, visible light emitted from a laser flash-lamp to remove unwanted hair from all body sites in minutes.

The Leader in
Aesthetic IPL
Laser Solutions

Can all hairs be treated?

As the treatment relies on absorption of light in the hair pigment (melanin), the most efficient treatment is seen with dark hair. The lighter the skin, the more pronounced the distinction between hair and skin colour, making treatment easier. However, Ellipse has pre-programmed settings for different hair and skin colours to adjust the energy output to your needs.

How long does an Ellipse treatment take?

The glass prism within the Ellipse applicator that guides the light to the skin is 10mm by 48mm, so a large number of hairs can be targeted in one flash of light. Treatment of the upper lip takes approximately 5 minutes, whereas a back or both legs take 60-120 minutes.

Does it hurt?

Tolerance of pain is very individual from person to person. No anaesthetics are required, and most people describe the sensation as similar to that of a rubber band snapping onto the skin.

How many Ellipse treatments do I need?

Hair growth is cyclical, as hair follicles go through resting and growing phases. Only follicles in the growth phase contain hair and are destroyed by the heat. Resting hair follicles need to enter the growth phase before they can be effectively destroyed by the Ellipse treatment. That's why it is necessary to repeat the treatment at intervals until all hair follicles have been through the growth phase.

How can I be sure Ellipse is safe and effective?

Clinical trials documenting Ellipse's safety and effectiveness are carried out by leading doctors prior to the release of the product. The results of these tests are then published in respected, refereed medical journals. You are welcome to view these scientific papers on the Ellipse website at www.ellipse.org. The settings used for your treatment will be based on the settings recommended by the clinicians who carried out the clinical trials.

Mens Face Treatments

Earlobes	£20
Beard Tidy Neck or Cheeks	£40
Neck and cheeks	£65
Full Cheeks	£65
Nape of Neck	£30
Full Beard including Neck	£90
Full Beard, Neck and Chest	£150
Nose	£25
Above Brow	£25
Centre Brow	£20
Above Brow + Centre Brow	£35

Mens Body Treatments

Chest	£70
Clavicle Line	£50
Shoulders	£50
Chest and Abdomen	£120
Abdomen	£90
Buttocks	£70
Centre line buttocks	£35
Lower Abdomen	£50
Forearm	£70
¾ Arm	£90
Full Arm	£120
Underarm	£60
Hands + Fingers	£40
Back	£70
Full Back	£100

ESPA FOR MEN

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.



MENS SKIN SOLUTION

£52

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalised treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

Includes: Double cleanse – exfoliation – steam and extraction face massage – mask – scalp massage

HERO TREATMENT

BACK, FACE & SCALP TREATMENT

with hot stones(100 Mins)

£85

without hot stones(85 Mins)

£75

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas – the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: Back exfoliation – back massage (120 mins with hot stones) – facial – scalp massage

AROMATHERAPY MASSAGE (55 Mins)

£49

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following:

Detoxifier , De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner

Includes: Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage

HOT STONE MASSAGE (55 Mins)

£52

A therapeutic full body massage using aromatherapy oils and warm volcanic stones

to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping

you to unwind and your body to feel rejuvenated. Includes: Hot Stone Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage

DEEP MUSCLE MASSAGE (55 Mins)

£49

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders. Includes: Specialised massage to specific areas of concern

SWEDISH MASSAGE (55 Mins)

£49

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension

This treatment is ideal as an introduction to massage; stimulating movements help soothe tired aching muscles to leave you relaxed and revived. Includes: Swedish massage to back, legs, arms, abdomen, neck/shoulder massage

MUSCLE REVIVER (40 Mins)

£38

A condensed massage for those who suffer with tension related headaches and neck strain.

If you have little time to spare, this deeply soothing back, face and stress releasing scalp massage is an ideal way to melt away tension and relieve tight muscles. You'll feel revived and invigorated for the day ahead or relaxed and calm for a peaceful night's sleep.

Includes: Back massage – facial massage – scalp massage





ESPA

DISCOVER
THE WORLD
OF ESPA

ESPA Facials

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation, steam and extraction where necessary, and a treatment specific massage, mask and intensive serum.

Finally, skincare products are chosen for your individual needs to achieve the best possible results. To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

INTENSIVE & AGE DEFYING

LIFT & FIRM FACIAL(85 Mins)

£95

An advanced facial using Super Active™ products to improve skin tonicity and firmness and enhance cellular regeneration. This facial uses Tri-ActiveR ingredients combined with specialised facial massage lifting techniques to help combat the signs of ageing, stimulate collagen production and deliver intensive results; the benefits of which can be seen immediately.

LIFESTAGE FACIAL(55 Mins)

£55

A targeted and rejuvenating facial for maturing skin to address the most visible signs of ageing, specifically focusing on eyes, neck, lips and jaw line. Incorporating special age-defying massage techniques and the technologically advanced LIFESTAGE product range, this luxurious facial will minimise wrinkles, immediately improve hydration levels whilst helping to reduce the appearance of pigmentation, large pores and redness. A mask will also be applied to firm and stimulate elasticity leaving the skin revitalised and radiant.

AGE-DEFYER FACIAL (55 Mins)

£55

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing. This treatment visibly improves the appearance of the skin by using special age-defying massage techniques and a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant and rejuvenated.

ESPA INTENSIVE FACIAL (60 Mins)

£52

SKIN RADIANCE FACIAL

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance.

RE-HYDRATOR FACIAL

An intensive and regenerating facial for dehydrated skin leaving it supple and nourished.

DE-SENSITISER FACIAL

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished.

SKIN PURIFYING FACIAL

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance.



ESPA DETOX WRAP (55 Mins)

£65

A body wrap specifically designed to comfortably raise the temperature and induce perspiration to help speed up the elimination of toxins and improve circulation.

Following skin brushing and exfoliation, a complete body wrap of Marine Algae combine with Detoxifying Body Oil is blended and applied to help purify the body and hydrate the skin. The treatment ends with a mind calming scalp massage for ultimate relaxation.

Includes: Skin brush – body exfoliation – Detox Algae wrap – scalp massage

ESPA BODY WRAP (55 Mins)

£65

This personalised body wrap is a tailor-made experience designed to comfortably raise the temperature, nourish the skin and increase the effects and absorption of the wrap.

Following skin brushing and exfoliation a complete body wrap of Algae or Marine Mud combined with essential oils is blended and applied to meet your specific needs. Skin feels nourished and hydrated and the mind left totally relaxed after a soothing scalp massage. Choose from the following:

De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser or Body Toner

Includes: Skin brush – body exfoliation – wrap – scalp massage

ES



ESPA BODY TREATMENTS

We offer a huge range of solution led ESPA body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

MESSAGE TREATMENTS

HERO TREATMENT

BACK, FACE & SCALP TREATMENT (85 Mins)

£75

with hot stones

£85

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas – the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: Back exfoliation and hot stone back massage – personalised facial – scalp massage

AROMATHERAPY MASSAGE (55 Mins)

£49

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following:

Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner

Includes: Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage

HOT STONE MASSAGE (55 Mins)

£52

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Includes: Hot Stone Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage

SWEDISH MASSAGE (55 Mins)

£49

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage; stimulating movements help soothe tired aching muscles to leave you relaxed and revived.

Includes: Swedish massage to back, legs, arms, abdomen, neck/shoulder massage

DEEP MUSCLE MASSAGE (55 Mins)

£49

A powerful massage designed to alleviate deep-seated tension and muscular stress.

Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Includes: Specialised massage to specific areas of concern

LIFT & FIRM HIP & THIGH TREATMENT (55 Mins)

£52

A highly effective, stimulating treatment to target cellulite, fluid retention and uneven skin texture.

Using potent marine extracts, iced mitts, a deep detoxifying massage and specialised stomach massage techniques to help cleanse and purify the colon, giving excellent results.

Ideal for people concerned by the appearance of cellulite. A course of 6 treatments is recommended.

Includes: Skin brush – detoxifying Salt and Oil Scrub – detoxifying massage to specific area – specialised colonic massage techniques

ESPA

ESPA MATERNITY

PRE & POST NATAL TREATMENT

(25 Mins)

(55 Mins)

£35

£52.50

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy.

Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches, whilst helping to relax, restore and revitalise.

A course of 6 treatments is recommended following the first trimester of pregnancy.

Includes: Back exfoliation (if required) – body/scalp massage – this treatment is tailored to your specific needs.

NEW ESPA BODY TREATMENT FOR BOTH MEN AND WOMEN

Need a Boost?

ESPA INTRODUCES THE NEW STRENGTH & RESILIENCE MASSAGE £60

ESPA, the chosen brand of the world's leading spas & skincare experts launches its new Strength & Resilience Massage.

Somewhere between the gold of Morocco and the green of England, a painted Lady Butterfly emerges from her cocoon and stretches into her new wings ready to continue her long and arduous journey home.

Our new signature treatment takes inspiration from the resilience needed for this age old voyage, helping to revive tired muscles, and bring a renewed sense of wellbeing and clarity to mind and body.

Pure aroma therapeutic formulas of Eucalyptus and Tea Tree within ESPA's new Muscle Rescue Balm are used to soothe muscular aches and pains while the body is 'cocooned' in warm towels to aid relaxation. Advanced techniques such as Yogic stretches are performed to awaken the body, while a reflex zone foot massage stimulates major organs such as the lungs, colon, diaphragm and sinuses which have a direct link to the body's resilience. The treatment journey transforms from gentle strokes to swift movements to signify the butterfly taking flight, as rapid pressure is used during a deeply invigorating back massage. Sinus release and scalp massage complete the journey helping to support the immune system, boost energy levels and bring a sense of balance so you can emerge ready to face life's unexpected journeys.



ES

ESPA EXPRESS £32.50

PERSONALISED EXPRESS FACIAL (25 Mins)

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, SkinVision™ analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum to suit your skin.

LIFT & FIRM EYE TREATMENT (25 Mins)

Perfect for those who are concerned with the first signs of ageing around the eyes. An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporating a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.

SHOULDER, NECK AND SCALP MASSAGE (25 Mins)

This massage focuses on the key areas of tension using an ESPA Body Oil chosen for your specific needs. Where needed, Hot Stones are also used to penetrate warmth and help ease aches and pains.

BACK, NECK AND SHOULDER MASSAGE (25 Mins)

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs. Where needed, Hot Stones are also used to penetrate warmth and help ease aches and pains.

SALT & OIL SCRUB (25 Mins)

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

INVIGORATING FOOT TREATMENT (25 Mins)

This revitalising treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

ESPA

— AWARD WINNING —

EVOLVE

—

PERMANENT COSMETICS

DELILAH

BEAUTY ESSENTIALS



THE EVOLUTION OF EYEBROWS

Dating all the way back to the Ancient Egyptians, we have been enhancing, drawing and plucking our eyebrows to perfection for years. But how they have changed over time.

TO DATE THE 2000'S

After the tweezing marathon of the 90's, the millennium saw brows being lightened and a little thicker. Everyone was probably waiting for the hairs to grow back – if they were lucky!

Alongside clothes, music and many other staple attributes which can help define past decades, makeup, especially eyebrows, are obviously placed near the top of the list. From the dramatic fine lines of Clara Bow and Anna May Wong in the 1920's to the neatly arched brows from the likes of Marilyn Monroe in the 1950's and natural groomed brows of Audrey Hepburn and Twiggy in the 60's, it's clear eyebrows are a staple feature of the face. We now find ourselves in the era of both the 'natural sleek brow' of Kate Middleton and the 'Power Brow' donned by the likes of Cara Delavigne, and we couldn't be more pleased. Beautiful natural shaped brows designed to perfectly compliment your features are definitely the way to go - we certainly think. No need to panic if you have sparse, thin or over plucked brows. A permanent makeup treatment could be the perfect solution. Lucy Shaw our Elite Permanent Makeup Artists is highly skilled and experienced in performing eyebrow treatments to give you beautifully tailored, highly defined, natural looking eyebrows to perfectly suit your face.

WHY KAREN BETTS TRAINING

Lucy trained at Karen Betts K.B Pro in London. The most exemplary in the permanent cosmetics arena. Creator of HD brows. The UK's most esteemed permanent makeup artist and one of the earliest pioneers. Karen is one of the very few recognised by the society of permanent cosmetic professionals in the USA. Karen Betts has won many awards within the profession.



K · B
P R O

Permanent cosmetics is a highly skilled craft. It 'should' take a lot of training, skill and practice in order for an artist to produce the best results. Evolve assures you that you are in good hands. Vicky, the owner of Evolve, would not have compromised and let Lucy train anywhere else. It's the best decision for us and our clients.

If you are not already a client here, you will soon discover the clinical standards we work to, no short cuts or cost cutting but extensive treatment knowledge.

A brow treatment is a three-part process usually completed within two appointments. The price you are quoted will include all three stages.

THE CONSULTATION

The first part of the process is a consultation. This is normally done as part of your initial treatment, but can be done separately if you prefer. I will talk with you in great detail about the look you are trying to achieve and what we might recommend to you including any corrective work from previous treatments BY ANOTHER ARTIST . This is very much a two-way conversation. We listen, we respond, we advise. Once we have an idea of the look you are aiming for, we draw the brows on with a makeup pencil using our specific design mapping and balancing ruler . These can be drawn on and adjusted 50 times if necessary! We will never begin the tattoo process until you are completely happy with what they are going to look like and the colour . We will also show you before and after RESULTS of our own case studies .

PERMANENT MAKEUP TREATMENT

Using a specialist facial tattooing machine, which works at a much lower frequency than a standard tattoo machine, we gently apply pigment to the skin using very fine needles. The sensation is that of an electric toothbrush being held against your skin – you feel the vibrations but you should not feel any discomfort. The process normally takes about one - TWO hours but it varies from person to person depending on your individual requirements. Immediately after a brow treatment you should expect the area to look 40-50% darker than the colour you have chosen in consultation. This will start to fade after 3-4 days. The true colour achieved will show after 2-4 weeks . We will assess this also on your review and follow up treatments.

THE RETOUCH

A second appointment is needed 4-8 weeks after your first treatment. This is usually a 30-60 minute appointment to add more pigment to the brow area and add any needed shape . This is because as the area is healing, some parts may not 'hold' as well as others and you may have a few patches that need more colour. This is completely normal and everyone heals differently. Whatever the case, we advise you always to come back to clinic for your retouch.

PRICES	
Complete Brow Design including:	
Consultation	
Full first treatment	
Corrective work from previous artist	
4-8 week retouch	£375
Colour Boost	
6-9 months	£175
9-18 months	£225



delilah



"delilah was born out of friendship, a passion for cosmetics, and the desire to help women of all ages to look and feel beautiful."

A beautiful British collection of cosmetics
 paraben free
 responsibly sourced
 not tested on animals
 effortless
 uncomplicated
 naturally beautiful



MAKEOVER	£40	BRIDAL MAKE-UP	£85
WITH LASHES	£45	BRIDAL TRIAL (per hour)	£45
		CALL OUT	P.O.A
MAKE-UP LESSON	£65	MOTHER OF THE BRIDE	£50
		MOTHER OF THE GROOM	£50
EYES ONLY	£20	MAID OF HONOUR	£60
WITH LASHES	£25	BRIDESMAIDS	£60
		LASH APPLICATION OPTIONAL	
PROM MAKEUP	£40		
WITH LASHES	£45		



Only available at Evolve
Skin | Spa | Beauty
based in Westhoughton

Beauty Essentials

Evolve Hand Treatments

File, Buff & Treatment Application	£10
File & Polish	£16
Luxury File & Polish (inc. cuticles)	£18.50
Manicure with Polish	£24.50
Luxury Manicure	£32.50
Manicure with Shellac	£34.50
Please ask for information about our ageing hands advanced treatments. Laser and Alumier Glow Peel.	

CND
VINYLUX

ESPA

JESSICA

Evolve Foot Treatments

Trim, File & Polish	£18.50
Luxury File & Polish (incl cuticles)	£18.50
Pedicure with Colour	£32.50
Luxury Pedicure with booties	£38
Pedicure with Shellac	£44
Toe wax	£3

CND Shellac pro (to go)

CND

Award –Winning CND shellac guarantees brilliant results
14 + Day wear , mirror shine, Zero Dry time.

Toes or Nails	Colour	£27.50
	French	£30
Sparkles, glitter, gems		£30
Crystal Application		£38

Lycon
precision waxing™

Waxing

Upper lip	£6.50
Upper lip and lower lip	£7.50
Chin	£7.50
Under neck and chin	£13
Cheeks	£14
Full face	£20
Underarm	£14.50
Bikini	£17
Extended Bikini	£18.50
Inner thigh	£12
Abdomen	£12
Navel line	£8
Brazilian	£27
Playboy	£32
Hollywood	£36.50
Half leg	£16.50
¾ leg	£24.50
Full leg	£30
Full arm	£20
Forearm	£12
Toe Wax	£3

Evolve Eyes

Skin tests are required 24-48 hrs prior to treatment.

Permanent brow shape with electrolysis (20 min)	£16
Eyelash tint	£16
Eyebrow tint	£9
Eyebrow shape	£9
Trio Eyes	£32
LVL Lash Lift Treatment with Tint	£46

LASHES

BROWS[®]
HIGH DEFINITION BROWS



HD Brows

Eyebrows are as individual as fingerprints, and our tailored procedure transforms even the most unruly, sparse or over-plucked brows into perfect arches to suit the wearers face. Taking between 30-45 minutes, the HD Brows experience features tinting, waxing and threading, with stylists using a specially designed formula to give you perfectly defined brows.

£32

3D Lash Extension

One lash built onto one lash, for beautiful results

1 ½ hours	£55
1 hour	£34
45 minutes	£28
30 minutes	£22

NOUVEAU
LASHES

Ear piercing

£22

Tanning

Skin test is required 24-48 hours prior to treatment

ST TROPEZ MOUSSE APPLICATION

Full body light or Dark	£24.50
Partial body light or dark	£20
Pre Body Exfoliation	£8

ST. TROPEZ
The Ultimate Tan

Body Physique

• Essential slimming and body toning for all areas	
• Physique First Session	£30
• Physique Half Hour	£25.50
• Physique course of 10	£225

Client Information

CLIENT INFORMATION

To discuss your beauty plans book in for a complimentary, no obligation consultation stating your main interest and please arrive ten minutes early so you feel relaxed. Put some time aside for yourself, whether it is for total relaxation, beauty problems or those uplifting cosmetic treatments. Let us help rejuvenate your body and relax your mind in the perfect environment. My friendly staff are here for YOU.

DEPOSITS

For bookings lasting for one hour or more a deposit of 50% may be asked for at the time of booking. This can also be paid for over the phone. Deposits are totally refunded with 24 hours notice cancellation. Deposits can also be moved to your amended appointment times and dates.

CANCELLATIONS

Please give more than 24 hours notice if cancellations occur. Less than 24 hrs will incur a charge of 50% of your total treatment cost and will be added to your next appointment. No shows will be charged in full. This notice will allow us to accommodate clients on the waiting list. If you do not cancel one of your course treatments in advance the same cancellation system applies.

LATE FOR APPOINTMENT

If YOU are unavoidably late for your appointment we will work as a team to make sure that all your needs are still taken care of but please understand sometimes this may not be possible. If WE are unavoidably late for your appointment, we apologise as sometimes this is out of our control. We will make this up to you if this should ever cause you a problem & inconvenience.

MEDICAL CONDITIONS

If you have any known medical condition or allergy that may affect your treatment within the salon please inform us prior to arranging your consultation, and indeed if you have any health changes or medications that could alter your treatment response post consultation.

HELP US

If you are ever dissatisfied with your experience, let us know so we can learn from your experience and perfect it for the next time.

TREATMENT PRICES

All the treatments include VAT at the rate 20%. All prices are correct at the time of going to print. We reserve the right to change prices without prior notice.

PAYMENT

All major credit and debit cards are accepted. Not American Express

GIFT VOUCHERS

Vouchers can be arranged and paid for and posted to you or the client. Vouchers are valid for 6 months only. When booking please state the voucher number, this will secure your booking. The same cancellation charges apply to voucher holders. A no show will prevent the voucher from being used again.

AWARD WINNING

EVOLVE

ADVANCED SKIN | LASER | AESTHETICS | SPA | BEAUTY
HERITAGE HOUSE PRIVATE CLINIC

Heritage House,
50 Chorley New Road,
Heaton
Bolton
BL1 4AP
01204 528 884

info@evolveskinclinic.com

Danne Product Orderline: Please Text 07410 551 801



@EvolveSkinClinic



@evolve_skinclinic

EVOLVE

SKIN | LASER | SPA | BEAUTY | AESTHETICS

2 Mill Street
Westhoughton
Bolton
BL5 3AL
01942 842 454

info@evolveskinclinic.com
www.evolveskinclinic.com

ResurFACE[®] FRACTIONAL SKIN REJUVENATION

STRETCH MARKS

Unrivalled post-pregnancy & exercise-induced stretch marks solution with profound results; the perfect alternative to long-term topical agents.



SCARRING

Dramatically smoothing and improving commonly scarred areas of the skin; providing excellent results on facial acne scarring.



DRAMATIC REJUVENATION

Minimising pigmentation and age spots as well as giving the skin a fresh and glowing appearance.



RESURFACING & CONGESTION

Helping tackle general congestion 'lumps and bumps' on the skin, resulting in a smooth and clear complexion.



FINE LINES & WRINKLES

The appearance of fine lines and wrinkles are reduced through stimulation of collagen production, plumping the skin and resulting in a natural youthful appearance.



ResurFACE[®] FRACTIONAL SKIN REJUVENATION AT EVOLVE

RESURFACING



STRETCH MARKS

ILLUMIFACIAL TREATMENT

illumiFacial® is the 'next generation' of the highly successful 'Photofacial' treatment, using a new and unique combination of specialist Lynton skincare together with powerful, medical-grade Lynton IPL technology.

This quick and simple facial treatment dramatically improves skin tone and appearance, helping your skin feel and look its best.

WHY CHOOSE AN ILLUMIFACIAL?



FREQUENTLY ASKED QUESTIONS

AM I SUITABLE FOR ILLUMIFACIAL?

Treatment is perfect for anyone whose skin exhibits congestion, discolouration and visible signs of ageing, however, a full consultation is carried out prior to treatment to ascertain your suitability and individual treatment needs. A full treatment plan will then be tailored to treat your specific concerns, all aiming to improve the appearance, feel and health of your skin.

HOW DOES THE TREATMENT FEEL?

illumiFacial is a very quick, comfortable treatment which is designed to provide you with 'optimum skin health'. Some people will feel a slight tingling sensation when the fruit peel is first applied, but it very quickly subsides. The IPL aspect of this treatment can sometimes be mildly uncomfortable - most people describe the discomfort as feeling like a 'quick pinprick' and 'warm feeling', which is very tolerable.

WHAT SHOULD I EXPECT AFTER ILLUMIFACIAL?

You may experience a superficial tingling feeling on the skin and you may see a darkening of pigment spots before they flake away - this means the treatment has worked perfectly in providing you with a more even, flawless skin tone. As well as clearer, healthier skin, you will also experience an ongoing improvement to the firmness and plumpness of your skin in the following months post-treatment, as new collagen is stimulated deep within the skin tissue.

ARE THERE ANY SIDE EFFECTS?

The illumiFacial is a completely non-invasive treatment, using safe, medical-grade equipment to minimise side effects. Your skin may be red and slightly swollen immediately after treatment, but this will subside very quickly. You may also have some patches of dry skin and in very rare cases, a small blister can form with some temporary lightening or darkening of the skin. However, most people experience absolutely no side effects and any reactions usually disappear within a few hours, leaving the skin feeling and looking radiant.

4 STAGE TREATMENT

1. CLEANSE

The first step to having clear, healthy, radiant skin will involve a deep cleanse, with your illumiFacial® practitioner using a specialist formulation to remove any impurities.

2. TRI-FRUIT ACID PEEL

Following a deep cleanse, a unique Tri-Fruit Acid Lynton Fruit Peel will be applied to your skin, for anywhere between 3 - 10 minutes. This peel resurfaces skin texture and decongests pores, priming the skin ready for stage 3 of illumiFacial®.

3. LYNTON IPL

Post fruit peel, your skin will be at its optimum condition for the application of the award-winning Lynton IPL treatment. This works by both stimulating collagen and targeting any discolouration on your skin, e.g. freckles, pigmentation, vascular breakouts, general redness. In most cases, the results are instant, providing you with dramatically clearer, firmer skin.

4. HYDRATE & PROTECT

To help maximise the results of your illumiFacial® treatment, a trio of specialist serums will be applied to your skin post-IPL, helping to soothe, regenerate and protect your skin.



BEST RESULTS
2 - 4 treatments



TREATMENT TIME
20 - 30 minutes



RECOVERY
24 hours

Advanced Cosmetic Procedures



Vein Away Results



Advanced Cosmetic Procedure Clinic (ACP)

Advanced Cosmetic Procedures for Skin Imperfections

Treatment for:

Skin Tags, Red Veins, Spider Naevus, Plane Warts, Common Warts, Seborrhoeic Warts, Milia Removal, Campbell de Morgan, Verrucas, Blood spots, Telangiectasia, Hairs from Moles, Moles, Sebaceous Cysts, Xanthelasma, Planter Warts, Age Spots & Dermatoses Papulosa Nigra.

Facial Thread Veins

These are not broken capillaries but rather permanently dilated capillaries. They have very thin wall which constantly dilate and constrict. As we age, these vessels lose their elasticity and can become permanently dilated.

Blood Spots

These are bright red vascular blemishes which lie just under the surface of the skin. They are dome shaped or slightly raised and are frequently found on the midriff, back or front. Most people aged over 30 have at least one and they are even more common in men than women.

Spider Naevus

A spider naevus is a central dilated blood vessel, with small capillaries radiating from it like the legs of a spider. They can be found in isolation or gathered together in clumps in areas such as cheeks.

Dermatoses Papulosa Nigra

This is a common disorder which develops in adolescence on black skin and is identified by smooth, dome shaped, brown to black papules seen mainly on the cheeks, neck and upper chest.

Warts

There are various types of warts, including plane, common, seborrhoeic and verrucas. All can be easily and successfully treated. Warts can develop individually or in clusters. Seborrhoeic warts become more common with increasing age and can grow up to two inches across.

Skin Tags

These are very common and most frequently found on the neck and face. They often appear with a neck like a mushroom and vary in size from a tiny speck, to the size of a pea or larger. They are usually found in areas of friction such as the underarm, fold of the skin, under the breast or around the neck where necklaces may irritate.

Milia

These are tiny hard white lumps containing keratin which lie superficially under the surface of the skin and can be easily treated with electrolysis. Their exact cause is unknown although they are often associated with dry dehydrated skin.

Treatments

Consultation	£25
Minimum Treatment Charge	£40
per 15 mins	£65
per 30 mins	£105
per 45 mins	£140
per 1 hr	£170

STEREX
ELECTROLYSIS INTERNATIONAL LIMITED



Thread Veins



Milia



Skin Tags



Blood Spots



Age Spots



Warts



Verrucas



Seborrhoeic Warts



Platinum standard treatment for Thread and Spider Veins

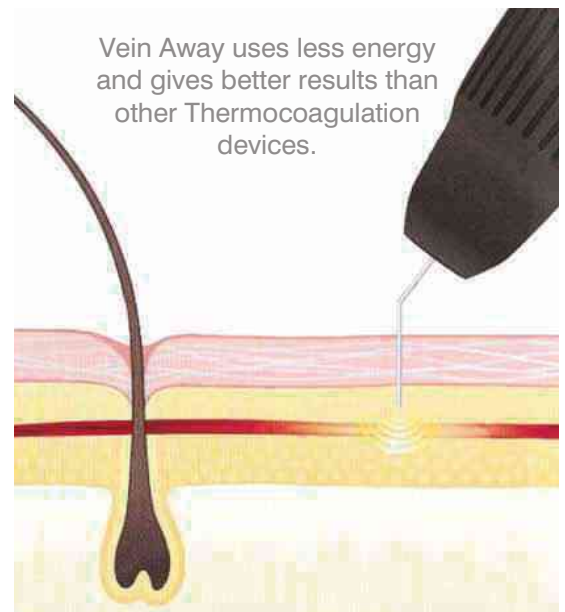
Vicky Kennedy has applied expert removal techniques in advanced cosmetic procedures for more than 20 years. For the removal of red veins and body blemishes, skin tags, warts, age spots and much more.

We have decided to add the amazing VEIN AWAY to our portfolio of advanced treatments. This treatment will target removal of all the above with less energy achieving more client comfort. The veins that sometimes can be long term resistant to laser techniques will be history after vein away application.

The growth of this clinic has been substantial since the NHS reduced funding for cosmetic procedures to be removed at your local GP surgery. The Evolve team are highly trained by Vein Away in all procedures to the safest and more importantly strict hygiene standards within our beautiful clinic.

Vein Away is the platinum standard for red vein removal. The device has been developed with help from leading vascular surgeon and thread vein specialist, Dr Brian Newman, who has been a world leader in the field for over 35 years.

Vein away is applicable on all parts of the body including sensitive areas such as ankles, knees, face, and is the perfect treatment for removing those unwanted red veins on the leg area.



IDEAL FOR

- Thread Veins
- Blood vessels
- Spider veins
- Cherry Angiomas
 - Skin Tags
 - Millia
 - Warts



Vein Away provides a **comfortable** treatment with immediate results.

The treatment utilises the principle of thermoesclerosis, an ultra fast radiofrequency, which sends a pulse from the tip of a filament for precision and accuracy.

This technology removes superficial skin imperfections, such as telangiectasia, to minimise their appearance or eliminate them entirely. The Vein Away coagulates spider veins in a very targeted and concentrated way. The machine uses less energy and the frequency used is controlled in short cycles to avoid irritation and damage of the skin. Vein Away is already widely acclaimed in South America and Spain and other European countries.

With its patented methods ThermoPlex™ and ThermoFlash™ it can safely and effectively treat all minor damages from blood vessels, including Telangiectasias, spider veins, Cherry Angiomas, Campbell Morgan, Milia, Soft Fibroma also known as Molluscum Pendulum, and Skin Tags and Rosacea.

Before



After



These results are immediate after 1 Vein Away treatment on the leg area

Treatments

Minimum treatment charge	£45
Per 15 mins	£90
Per 30 Mins	£150
Per 1 Hr	£280

Dr Brian Newman
Leading vascular surgeon
and thread/spider vien specialist



“ I developed the techniques now used worldwide for the treatment of thread and spider veins. Initially my work began with a machine that became known as Veinwave, the international gold standard for vein treatment and later I developed Thermavein.

More recently I began looking at the technology for the Aesthetic market offered by Vein Away, a much lower frequency that was giving better results than established technology which has been available for 15 years. My 35 years clinical experience has enabled me to teach worldwide and with Naturastudios I am launching the world’s first training academy for thread/spider veins to help raise awareness of the correct understanding and management of veins for aestheticians and medical professionals ”

“The Vein Away treatment adds a new perspective in virtually painless minimally invasive therapy for small blood vessels and skin blemishes.”

ADVANCED HAIR REMOVAL

LASER - ELECTROLYSIS - ALKALINE WASH



AWARD WINNING

EVOLVE

ADVANCED SKIN | LASER | AESTHETICS

HERITAGE HOUSE PRIVATE CLINIC

SAY GOODBYE TO PAINFUL HAIR REMOVAL
INTRODUCING THE REVOLUTIONARY

PAIN FREE ALEXANDRITE LASER HAIR REMOVAL



MOTUS AX

The New Era of Hair Removal

DEKA
Innate Ability

AWARD WINNING LYNTON MOTUS AX BY DEKA



The Code of Experience

Gold-Standard Results

Here at Evolve Skin Clinic in Bolton we only use award winning equipment to treat our clients, ensuring the safest and most clinically effective treatments possible. With this in mind, we are delighted to announce that we have recently added the world's most exciting development in 'pain-free' laser hair removal technology: The Motus by DEKA.

New Specialist Moveo Technology

This new and unique laser hair removal device uses a specialist new technology: Moveo.

This advanced technology allows us to use the exact type of laser considered by Dermatologists as "most effective in laser hair removal treatments" (Alexandrite) but in a new 'Pain-Free' mode!

Award-Winning, Medical-Grade Equipment

Traditionally, despite the Alexandrite laser being the most effective for laser hair removal, it can be quite an uncomfortable treatment compared to other alternatives. Our new Motus Moveo Technology helps overcome the uncomfortable aspect of this treatment by changing the way the laser is reflected by the skin, allowing all our clients to receive 'Pain-Free' laser hair removal treatment, with the Gold-Standard results of a traditional Alexandrite laser.

Together with our revolutionary new laser technology, all our operators here at Evolve Skin Clinic have received comprehensive theory and practical based training by the UK's No.1 supplier & manufacturer: Lynton Lasers Ltd.



Frequently Asked Questions

Why is it unique?

At Lynton, we have an extraordinary device, the award winning Motus AX, that delivers the world's first Alexandrite laser in the 'Pain-Free' mode and that is FDA approved for use on all skin types. Traditionally, the Alexandrite laser has only ever been safe to use on skin types 1 – 3 due to its exceptional melanin absorption capabilities, making it unsafe to use on any skin of colour due to increased risk of adverse reactions. The Motus AX overcomes these restrictions, providing the advantages of 'Pain-Free' laser hair removal but with the unsurpassed clinical efficacy and results associated with the Alexandrite laser.

How does it work?

Using light circular movements at a reduced power allows the Alexandrite laser to work at 100% efficiency, therefore avoiding wasted energy. This unique feature offers laser practitioners the advantages of 'pain-free' laser hair removal but with the unsurpassed clinical efficacy and results associated with the Alexandrite, on all skin types.

What are the benefits?

The Motus AX is the world's first and only pain-free laser hair removal platform to deliver the Gold-standard laser for melanin absorption: PRIMARY Alexandrite, for ALL skin types. For the first time, practitioners can now treat every client with this specialist FDA approved Alexandrite laser, regardless of skin type. This helps users overcome the previous restrictions and risks associated with treating darker skin types with an Alexandrite laser.

A unique 20mm contact-cooled sapphire tip combined with optimum peak powers (6,000W) and ultrashort pulse durations down to 2ms, aid the Motus AX Alexandrite laser when treating more challenging fine and fair hair.




Treatment Areas & Prices


An example of areas and prices. Please ask at reception for our extensive list.


**Prices and areas will be discussed during your in depth consultation.*


<p>Upper Lip</p> <p>Single Session – £45 Course of 3 – £130 Course of 6 – £229</p>	<p>Lip & Chin</p> <p>Single Session – £65 Course of 3 – £175 Course of 6 – £330</p>	<p>Upper Cheeks</p> <p>Single Session – £50 Course of 3 – £135 Course of 6 – £255</p>
<p>Full Face</p> <p>Single Session – £100 Course of 3 – £270 Course of 6 – £510</p>	<p>Hands/Feet</p> <p>Single Session – £50 Course of 3 – £135 Course of 6 – £255</p>	<p>Underarms</p> <p>Single Session – £65 Course of 3 – £175 Course of 6 – £330</p>
<p>Bikini (Full)</p> <p>Single Session – £120 Course of 3 – £324 Course of 6 – £648</p>	<p>Underarms + Bikini (Full)</p> <p>Single Session – £155 Course of 3 – £418 Course of 6 – £790</p>	<p>Full Arm</p> <p>Single Session – £130 Course of 3 – £350 Course of 6 – £660</p>
<p>Full Back</p> <p>Single Session – £150 Course of 3 – £400 Course of 6 – £765</p>	<p>Half Leg</p> <p>Single Session – £130 Course of 3 – £350 Course of 6 – £660</p>	<p>Full Leg</p> <p>Single Session – £250 Course of 3 – £675 Course of 6 – £1,275</p>
<p>Full Leg + Bikini (Full)</p> <p>Single Session – £280 Course of 3 – £756 Course of 6 – £1,428</p>		

To book an appointment please contact the clinic

 01204 528884

 info@evolveskinclinic.com

 www.evolveskinclinic.com

 Heritage House
50 Chorley New Road
Bolton
BL1 4AP

Alkaline Wash

Alkaline Wash

HAIR REMOVAL – For fine downy hair. A skin test and consultation is required along with homecare for a course of treatment.

The Darné Alkaline Wash system is a remarkable treatment designed to reduce fine, downy hair. This type of hair is very difficult to remove as the hair growth is usually dense and would take a long time to treat with electrolysis and is also not suitable to be treated with IPL or Laser. The advantage of Alkaline Wash is that you can remove large areas of hair in one treatment with no discomfort as with other hair-removal systems. It also works well when combined with electrolysis and laser, which are suitable for the stronger hairs. After the first few treatments, the hair will grow back at its normal rate, but as treatments progress the regrowth rate will become slower, usually resulting in a permanent reduction and growth rate over a period of time.

The treatment takes approximately half an hour and a patch test is carried out on the area to be treated, which ensures that your skin is suitable for the Alkaline Wash treatment. The treatment is completely pain-free however in some cases the area can appear red and warm which is normal and will subside in a short period of time.

All areas of the face and body may be treated as long as the hair is fine and downy. The treatments will be approximately 2 weeks apart to start with and then go onto a month apart and then longer periods of time as the hair starts to reduce in growth.

A full consultation and patch test will be carried out at least 24 hours before treatment. You must inform your therapist if you become pregnant or if you take any medication or vitamins in-between treatments.

A guide to treatment areas

A treatment course is 3 treatments over 6 weeks.

Maximum monthly visits thereafter:

Upper lip	£30.00
Upper lip and chin	£39.50
Chin	£30.00
Neck and jaw line	£45.00
Cheeks	£45.00
Facial area inclusive	£65.00



SPECIALIST TREATMENTS USING ALKALINE WASH

An in-depth consultation and skin test is required. POA

Post operative scars / Scar reduction / Stretch marks / Seborrheic Keratosis Pilaris (commonly known as spots on the back of upper arms) / Acne scarring / Folliculitis / Psoriasis / Keloid scars / Rosacea / Glycosylation



Electrolysis Clinic

Do you have unwanted hair? For a permanent solution ask your therapist about Electrolysis - It Works!

Unwanted hair is a common problem affecting most women to varying degrees throughout their lives and prompting the use of various temporary methods of hair reduction or hair management systems.

Electrolysis is a safe, effective, progressive and permanent method of removing unwanted hair.

Hair removal – consultation necessary (free)

		with Vicky
10 min	£10	£15
25 mins	£20	£25
40 mins	£30	£35
60 mins	£35	£42
Permanent Eyebrow Shaping (10Min)	£16	£18
Permanent Eyebrow Shaping (25Min)	£24	£29

STEREX
ELECTROLYSIS INTERNATIONAL LIMITED



DMK

Danné Montague-King®

ADVANCED PARAMEDICAL
SKIN CLINIC

FACIAL
INJECTABLE
AESTHETICS

LASER
HAIR REMOVAL

LASER
SKIN REJUVENATION

ADVANCED
COSMETIC
PROCEDURES

COLONIC
HYDROTHERAPY

ESPA
SPA, FACE & BODY

PERFECT
GIFTS



AWARD WINNING
EVOLVE
For Men